

Children's Mental Health Services



Provider Resource Manual

San Diego County Health and Human Services Agency

The Access and Crisis Line

Crisis Intervention
Mental Health Information and Referral
Suicide Intervention
Resources



24 hours a day, 7 days a week

- Professional Counselors Will Answer Your Call
- Multi-Lingual Capability Through AT&T Language Line Services
 - Spanish Speaking Counselors Available
- The Access and Crisis Line is able to make referrals to the entire system including individual contracted Fee For Service providers

"It helps to talk it over"

(800) 479-3339

TTY for the Deaf and Hard of Hearing (619) 641-6992
San Diego County

Health and Human Services Agency
Children's Mental Health Services

Provider Resource Manual
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Introduction

The County of San Diego, Health and Human Services Agency Behavioral Health Services administers Children's Mental Health Services. This provider resource manual describes the services currently funded by the County of San Diego, which include County operated and contracted programs.

P.O. Box 85524
SAN DIEGO, CA 92186-5524
VOICE (619) 563-2750
FAX (619) 563-2775

Access and Eligibility for Services

County funded mental health services are intended for children and adolescents who are either experiencing a mental health crisis (such as depression, suicidal thoughts, extreme anxiety) or who require mental health services in order to function in school, at home or in the community. Generally services are targeted for the medically indigent and Medi-Cal populations. All services are rendered without regard to race, color, creed, or disability. Individuals and professionals may make direct contact with any of the resources listed in this manual. ***However, it should be noted that, in some cases, access to services is managed through specific procedures and may be limited to certain special populations.*** Where possible, this information has been included in this manual. If in doubt about eligibility or how to access services, please contact the Access and Crisis Line at **(800) 479-3339**.

Fees and Funding

Mental health services provided through the County of San Diego are financed through Medi-Cal, patient fees, private insurers, County general funds, State funds, and specialized grants.

Anyone may receive treatment from San Diego County mental health programs regardless of financial status. Fees for services are based on income and the number of family members in the home. This Uniform Method for Determining Ability to Pay (UMDAP) is mandated by the State. Medi-Cal, Medicare, and other insurance coverage will be taken into account in determining the individual's monthly payment. *No person who otherwise qualifies for services will be turned away due to lack of funds.*

Access to Language Services

Clients have a right to free language assistance in a language they understand. Clients have the option to choose or use a family member or a friend as an interpreter. Clients shall be provided interpreter services as a part of their therapeutic services. The client/family are not expected to provide their own translator. All Mental Health programs have access to translators.

San Diego Network of Care – <http://www.sandiego.networkofcare.org/mh>

This website is a resource for individuals, families and agencies concerned with mental health. It provides information about mental health services, laws, and related news, as well as communication tools and other features. Regardless of where you begin your search for assistance with mental health issues, the Network of Care helps you find what you need - it helps ensure that there is "No Wrong Door" for those who need services. This website can greatly assist in our efforts to protect our greatest human asset - our beautiful minds. Information is available in Spanish, Cantonese, Russian, Tagalog, Vietnamese, Cambodian, Korean, Arabic, Somali, American Sign Language, French, Italian, and, Portuguese.

This manual was revised by Edith Mohler. If you have any revisions, edits, and or comments, please call 619-563-2746 or e-mail at:

Edith.mohler@sdcounty.ca.gov

Children's Mental Health Mission/Vision Statement

Mission

The mission of Children's Mental Health Services is to advance a rich array of services delivered through an integrated, community-based, mental health System of Care that enables children and adolescents to achieve positive outcomes. These desired outcomes are the basis for the goals of the System of Care:

- ◇ Children and youth live at home or in home-like settings
- ◇ Children and youth stay out of trouble
- ◇ Children and youth are successful in school
- ◇ Children and youth are safe

Vision

Children's Mental Health Services (CMHS) works with a broad constituency of stakeholders to build a community of families, neighbors, schools and child serving agencies, that fosters physically and mentally healthy children and adolescents, maximizes their potential in school and in the home, and prepares them to be productive and responsible adults.

Advocacy and Support Services

Advocacy services are crucial to ensuring that the mandated rights of children, youth, and their families are protected and that complaints and grievances are satisfactorily resolved. Support services offer families and their children the opportunities to share their concerns with other families and mental health professionals.

Breaking Down Barriers (619) 543-0412

4069 30th Street
San Diego, CA 92104

Population: Children and Adults
Service: Mental health education, outreach, community linkage and collaboration
Specialty Populations: Unserved and underserved diverse cultural groups
Parent Organization: Mental Health America of San Diego County
County of San Diego Program Monitor: Tabatha Lang

Consumer Center for Health, Education and Advocacy (877) 734-3258

1764 San Diego Avenue
San Diego, CA 92110

Hours: M-F 9:00-5:00
Population: Children and Adults
Service: Assistance with accessing health services and benefits
Specialty Populations: N/A
Parent Organization: The Legal Aid Society
County of San Diego Program Monitor: Jess Guzman

Family and Youth Liaison (619) 546-5852

345 15th Street #A
San Diego, CA 92101

Population: Children, youth and families
Service: Coordinates and advances family youth professional partnership in Children's Mental Health Services
Specialty Populations: N/A
Parent Organization: Family and Youth Roundtable
County of San Diego Program Monitor: Yael Koenig

Family Youth Employment Training Academy
(619) 546-5852

345 15th Street #A
San Diego, CA 92101

Population: Children, youth and families
Service: Provides basic employment training preparing youth and family partners to work within the Children's System of Care training objectives
Specialty Populations: NA
Parent Organization: Family and Youth Roundtable
County of San Diego Program Monitor: Yael Koenig

Interpreters Unlimited
(800) 726-9891

11305 Rancho Bernardo Road Suite 101
San Diego, CA 92127

Hours: M-F 6:00-5:00
Population: Children, Adolescents, Transitional Age Youth, Adults, Older Adults and their families
Service: Interpretation for all mental health and case management services and linkages with families in need of language translation
Specialty Populations: Unserved, underserved individuals who have difficulty in speaking or understanding English
Parent Organization: Interpreters Unlimited
County of San Diego Program Monitor: Anna Palid

Jewish Family Service of San Diego
Patient Advocacy Program
(619) 282-1134
(800) 479-2233

2710 Adams Avenue
San Diego, CA 92116

Hours: 7 days – 24 hours
Population: Children and Adults
Service: Patient advocacy and protection of patient's rights when in acute care residential programs. Provides support and representation at certification and other hospital related hearings. Handles patient complaints and ensures that mandated rights are protected
Specialty Populations: NA
Parent Organization: Jewish Family Service
County of San Diego Program Monitor: Kathy Anderson

Network Interpreting Service
www.networkinterpretingservice.com

Hours: 7 days a week, 24 hours a day
Population: Children, Adolescents, Transitional Age Youth, Adults, Older Adults and their families
Service: Sign Language and English Interpretation. Deaf and Hard of Hearing (American Sign Language, Mexican Sign Language, English)
Specialty Populations: Deaf and Hard of Hearing
Parent Organization: Network Interpreting Service
County of San Diego Program Monitor: Anna Palid

Parent To Parent Services
(619) 595-4400

3177 Ocean View Blvd.
San Diego, CA 92113

Hours: M-F 9:00-4:30 and by appointment
Population: Parents of clients of the South East Mental Health Clinic
Service: Parent support and training, family advocacy, information and referral, support services. Provides Give A Day Respite Program, which is a parent cooperative with wraparound families. Provides a Tapestry Program-parent partners/wraparound facilitators to the southeast San Diego community
Specialty Populations: NA
Parent Organization: Harmonium, Inc.
County of San Diego Program Monitor: Katie Astor

Partners Program
(619) 525-9903

2250 4th Avenue Suite 301
San Diego, CA 92103

Hours: M-F 9:00-5:00 Office hours/ Family Youth Support Partners available 24 hours a day
Population: Up to age 18 years old, Severely Emotionally Disturbed, currently receiving mental health services.
Service: Provides additional support and linkage to other services and community resources to children/youth and their families receiving mental health treatment using a wraparound approach (countywide). Provides cultural/linguistic services: Full time Spanish speaking Family Support Partner, ability to access interpretation services
Specialty Populations: Homeless youth and families
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Katie Astor

Case Management

Case management services involve one-on-one help in connecting with needed community resources, such as educational programs, financial benefits, treatment services, and other social services. The following programs are designed to serve special, designated populations. Case management services for AB 3632: See Special Education Services in this booklet.

Cabrillo Assessment Center (619) 591-5740

730 Medical Center Court
Chula Vista, CA 91911

Hours: M-F 8:00-6:00, program hours vary. 24 hour assistance available
Population: Children and adolescents age 5 to 18 (with exception, up to 21 years of age) who are in out of home placements, in change of placement situations or at risk of removal from home, foster home, or group home setting. Must be receiving services through HHSA, be full scope Medi-Cal, and meet medical necessity. Referrals made by HHSA
Additionally, Cabrillo Assessment Center also accepts children 5 to 18 who have had a psychiatric hospitalization or a screening at the Emergency Screening Unit (ESU) with full scope Medi-Cal or no insurance
Service: In-home comprehensive assessment, mental health services (individual, family, and group therapy), case management, and behavior management strategies
Specialty Populations: Transition Age Youth, Youth Gay/Lesbian Transgender
Juvenile Court Dependents
Parent Organization: New Alternatives
County of San Diego Program Monitor: Katie Astor

Families Forward Wraparound (858) 380-4676

9445 Farnham Street, Suite 100
San Diego, CA 92123

Hours: M-F 8:00-5:00 office hours / 24 hours availability
Population: 6-18 years old, severely emotionally disturbed
Service: Provides intensive case management and mental health services, utilizing the wraparound approach principals. Mental health services are provided with the goal of preventing the youth from needing a higher level of care. Intensive services include, but are not limited to, crisis intervention, medication management, individual therapy, assessment, and family therapy
Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards, AB 3632
Parent Organization: Mental Health Systems
County of San Diego Program Monitor: Michele Solomon

Fred Finch Youth Center Wraparound (619) 281-3706

3434 Grove Street
Lemon Grove, CA 91945

Hours: M-F 8:00-5:00/ 24 hour availability
Population: Seriously Emotionally Disturbed children and youth ages 6 to 18
Service: Provides intensive case management and mental health wraparound services. Mental health services are provided with the goal of assisting youth to step-down to lower level of care. Intensive services include, but are not limited to, crisis intervention, medication management, individual therapy, assessment, and family therapy
Specialty Populations: Children who are dependent of the Court
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Michele Solomon

Fred Finch Youth Center Comprehensive Assessment and Stabilization Services (CASS) (619) 281-3706

3434 Grove Street
Lemon Grove, CA 91945

Hours: M-F 8:00-5:00
Population: Seriously Emotionally Disturbed children and adolescents under the age of 18, reside at home, foster care, small group home (6 or less) and are at risk of change of placement to a higher level of care
Service: Assessment, evaluation, case management treatment (including Evidence-Based Practices), case consultation and other needed mental health interventions. Referrals are made by Child Welfare Social Workers
Specialty Populations: Children who are dependent of the Court
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Michele Solomon

Crisis Services

24 hour crisis response. Crisis services include emergency psychiatric care and crisis intervention counseling. Programs that serve Children, Youth and Families in crisis are able to respond quickly to urgent needs such as support, information, counseling, medication, and referral to other resources.

Access and Crisis Line 1-800-479-3339

TDD/TTY for Hearing Impaired: (619) 641-6992

Hours: 7 days - 24 hours Hotline

Population: Children (0-17 years) and Adults

Service: Behavioral Health Access and Crisis Line (ACL), crisis intervention, mental health information and referral, suicide intervention

Specialty Populations: N/A

Parent Organization: OptumHealth/United Behavioral Health

County of San Diego Program Monitor: Candace Milow

Emergency Screening Unit (ESU) (619) 421-6900

730 Medical Center Ct.
Chula Vista, CA 91911

Hours: 7 days - 24 hours

Population: Children and youth under age 18

Service: Emergency psychiatric evaluation, including screening for inpatient hospitalization, crisis stabilization, brief outpatient therapy, medication evaluation and management, telephone crisis intervention and referral

Specialty Populations: All psychiatric emergencies are seen

Parent Organization: County of San Diego

Children's Mental Health Services Chief: Michele Solomon

Medication Support and Crisis Services for Polinsky Children's Center Residents (858) 514-4740

9400 Ruffin Road
San Diego, CA 92123

Population: Children and youth residing at Polinsky Children's Center who have been prescribed psychotropic medications

Service: Medication support, crisis intervention, and referral services to children and youth who are currently placed in or being discharged from Polinsky Children's Center

Specialty Populations: N/A

Parent Organization: Rady Children's Hospital

County of San Diego Program Monitor: Michele Solomon

Psychiatric Emergency Response Team (PERT) (619) 276-8112

1094 Cudahy Place Suite 314
San Diego, CA 92110,

Population: Children, Transitional Age Youth (TAY), Older Adults, Veterans, Homeless, Native Americans Individuals with a mental health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment

Service: The service pairs law enforcement officers with psychiatric emergency clinicians to serve children and adults throughout the County. Provides mental health consultation, case coordination, linkage and limited crisis intervention services to mentally ill clients who come in contact with law enforcement officers

Specialty Populations: Individuals with a mental health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment

Parent Organization: PERT, Inc.

County of San Diego Program Monitor: Heidi Shaffer

Rady Children's Hospital San Diego Outpatient Psychiatry Behavioral Crisis Center (760) 730-5900

2125 S El Camino Real, Suite 200
Oceanside, CA 92054

Hours: M-F from Noon-8:00 PM

Population: Unserved, uninsured and underserved Seriously, Emotionally Disturbed children/youth up to the age of 17 and their families experiencing a mental health crisis or urgent need for mental health services

Service: Mobile Psychiatric Emergency Response and walk-in assessment clinic. Assessment, information, referral, medication management, linkage to hospital when required, follow up visits

Specialty Populations: Youth to age 17 requiring immediate mental health services

Parent Organization: Rady Children's Hospital

County of San Diego Program Monitor: Michele Solomon

Day Treatment Programs

Cajon Valley School Project (619) 588-3653

550 E. Park Avenue #305
El Cajon, CA 92020

Hours: M-F 8:00-4:00
Population: Children & Adolescents, Medi-Cal only, kindergarten thru 8th grade
Service: Day Rehabilitation for children in the Cajon Valley Union School District
Special Day Community Day School
Specialty Populations: N/A
Parent Organization: New Alternatives
County of San Diego Program Monitor: Katie Astor

Discovery Hills (760) 216-6780

450 North Melrose Drive
Vista, CA 92084

Hours: M-F 8:00-4:00 T and Th evenings by appointment
Population: Children 6 to 12 years old referred through AB 3632
Service: Day Treatment Intensive
Specialty Populations: N/A
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Frances Edwards

Discovery Valley School (760) 216-6780

450 North Melrose Drive
Vista, CA 92084

Hours : M-F 7:30-3:30
Population: Adolescents 12 to 18 years old referred through AB 3632
Service: Day Treatment Intensive
Specialty Populations: N/A
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Frances Edwards

East County Day Treatment (619) 589-8296

7059 San Miguel Avenue
Lemon Grove, CA 91945

Hours: M-F 7:45-4:00 Open late for working families on M and W
Evening appointments T and W until 7:00
Population: Children ages 6-12, referred through AB 3632
Service: Day Treatment Intensive
Specialty Populations: N/A
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Frances Edwards

Emerald Day Treatment (619) 593-4763

1221 South Emerald Avenue, Room 614
El Cajon, CA 92020

Hours: M-F 8:30-4:30 Evening hours T and Th until 7:00
Population: Referred through AB 3632
Service: Day treatment intensive
Specialty Populations: N/A
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Frances Edwards

Frontier Adolescent Day Treatment Center (619) 448-1162

10435 Chubb Lane
Santee, CA 92071

Hours: M-F 7:30-4:30 Tu and Th until 7:00
Population: Adolescents referred through AB 3632
Service: Day treatment intensive
Specialty Populations: N/A
Parent Organization: Mental Health Systems
County of San Diego Program Monitor: Frances Edwards

Life School (619) 575-4590

1685 Hollister Street
San Diego, CA 92154

Hours: M-F 7:30-4:30 M and T evening appointments from 4:00-6:30
Population: Adolescents referred through AB 3632
Service: Day treatment
Specialty Populations: N/A
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Frances Edwards

Marcy Day Rehab Program (619) 525-7372

2716 Marcy Avenue
San Diego, CA 92113

Hours: M-F 7:30-4:00
Population: San Diego Unified School District High School Emotionally Disturbed students grades 9-12
Service: Day rehabilitation, individual therapy and medication support services
Specialty Populations: N/A
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Frances Edwards

New Dawn Day Rehab Program (858) 496-1655

5650 Mt. Ackerly Drive
San Diego, CA 92111

Hours: M-F 8:00-4:30 T, Th - late appointments possible
Population: San Diego Unified School District High School Emotionally Disturbed students grades 9-12
Service: Day rehabilitation, individual therapy and medication support services
Specialty Populations: N/A
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Frances Edwards

Polinsky Day Rehabilitation (858) 514-4625

9400 Ruffin Road
San Diego, CA 92123

Hours: M-F 3:00-8:00
Population: Dependent children and adolescents detained in shelter care at Polinsky Children's Center
Service: Day Rehabilitation and transitional services
Specialty Populations: Child Welfare Services dependents
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Michele Solomon

Reflections
(619) 668-0363

8376 Hercules Street
La Mesa, CA 91942

Hours: M-Th, 8:00 – 4:30, F 8:00 – 4:00
Population: Adolescents up to 18 years referred by the Juvenile Court. Juvenile Court and/or Breaking Cycles Assessment Team determines placement. Provides treatment to wards of the Juvenile Court and their families
Service: Day Treatment Rehab. Provides family-based services to adolescents and their families who have been diagnosed with a mental/emotional disturbance. Offers competency-based school programs, youth and family monitoring, in-home treatment services, family support groups, positive peer selection, violence prevention and alcohol and drug services
Specialty Populations: Juvenile Court Wards
Parent Organization: County of San Diego
Children's Mental Health Services Chief: Michele Solomon

San Diego Center for Children Interim Day Treatment
(858) 569-2136

3002 Armstrong Street
San Diego, CA 92111

Hours: M-F 2:00-6:30 M and T evening hours available until 7:00
Population: Children and youth 5-18 referred through AB 3632
Service: Fee for Service interim day treatment
Specialty Populations: N/A
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Frances Edwards

San Pasqual Academy
(760) 233-6005

17701 San Pasqual Valley Road
Escondido, CA 92025

Hours: M-F 8:00-5:00
Population: Medi-Cal eligible children and adolescents
Service: Full day rehabilitation for residents of San Pasqual Academy
Specialty Populations: Transition Age Youth, Juvenile Court Dependents
Parent Organization: New Alternatives
County of San Diego Program Monitor: Katie Astor

STEPS-Adolescents Day Treatment (858) 565-2510

4660 Viewridge Avenue
San Diego, CA 92123

Hours: M-F 8:00-4:00
Population: Sexually reactive youth (male and female)
Service: Day Treatment Intensive (males), Outpatient (males and females, age 6-17)
Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards, AB 3632
Parent Organization: Mental Health Systems
County of San Diego Program Monitor: Michele Solomon

STEPS-Children Day Treatment (858) 467-1418

4830 Viewridge Avenue #D
San Diego, CA 92123

Hours: M-F 8:00-4:00
Population: Sexually reactive children ages 6 - 12
Service: Day Treatment Intensive (males),
Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards, AB 3632
Parent Organization: Mental Health Systems
County of San Diego Program Monitor: Michele Solomon

Unified Day Treatment (858) 292-9523

5650 Mt. Ackerly Drive
San Diego, CA 92111

Hours: M-F 8:00-5:00
Population: Adolescents referred through AB 3632
Service: Day Treatment Intensive
Specialty Populations: N/A
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Frances Edwards

Family Information

Caring Helpers (858) 292-0903

4660 Viewridge Avenue
San Diego, CA 92123

Population: Children and Youth Seriously Emotionally Disturbed (0- 18 years old) and their families

Service: Educational forums, training development plans for children/youth and families, outreach and training to underserved and unserved population

Specialty Populations: Latino and Asian/Pacific Islander

Parent Organization: Mental Health Systems

County of San Diego Program Monitor: Michele Solomon

Inpatient Psychiatric Hospitals

Hospitalization or inpatient psychiatric care is for mental health emergencies and situations that require intensive supervision and the medical necessity of a hospital setting. The following programs are funded by the County of San Diego to provide services for Medi-Cal recipients.

Aurora Behavioral Health Care/San Diego (858) 487-4200

11878 Avenue of Industry
San Diego, CA 92128

Hours: 7 days 24 hours
Population: Children and adolescents
Service: Acute psychiatric inpatient
Specialty Populations: N/A
Parent Organization: Signature Healthcare
County of San Diego Program Monitor: Michele Solomon

Sharp Mesa Vista Hospital (858) 278-4110

7850 Vista Hill Avenue
San Diego, CA 92123

Hours: 7 days 24 hours
Population: Children and adolescents
Service: Acute psychiatric inpatient
Specialty Populations: N/A
Parent Organization: Sharp Healthcare
County of San Diego Program Monitor: Heidi Shaffer

University of California San Diego Child and Adolescent Psychiatry Service (CAPS) (619) 229-3700

6535 Alvarado Road
San Diego, CA 92120

Hours: 7 days 24 hours
Population: Children and Adolescents
Service: Acute psychiatric inpatient
Specialty Populations: N/A
Parent Organization: University of California San Diego Medical Center
County of San Diego Program Monitor: Michele Solomon

Juvenile Forensic Services

Juvenile Forensic Services provide a variety of mental health services to children and adolescents who are involved with the Juvenile Court either through criminal or dependency proceedings. Access to services is managed through the Court, Juvenile Probation or Social Services.

Administration and Technical Support (858) 694-4680

2901 Meadow Lark Drive
San Diego, CA 92123

Hours: M-F 7:30-5:00
Population: Delinquents and dependents
Service: Interagency mental health and chemical dependency consultation and program development. Clinical and administrative supervision
Specialty Populations: Juvenile Court Wards
Parent Organization: County of San Diego
Children's Mental Health Services Chief: Michele Solomon

Dual Diagnosis Services (For Probation Institutions) (619) 283-9624

2901 Meadow Lark Drive
San Diego, CA 92123

Hours: M-F 8:00-5:00 Various evening hours
Population: Probation youth at Kearny Mesa Juvenile Hall (KMJDF), East Mesa (EMJDF), Girls Rehabilitation Facility (GRF), Juvenile Ranch Facility (JRF), Camp Barnett, Reflections, Youth Day Center, and Youth in Juvenile Drug Court
Service: Mental health and substance abuse services including individual, group, and family counseling, psychosocial and substance abuse education
Specialty Populations: Juvenile Court Wards
Parent Organization: Social Advocates for Youth (SAY) San Diego
County of San Diego Program Monitor: Michele Solomon

Family Intensive Treatment-Juvenile Justice (619) 225-9621

4302 Valeta Street, Building B4
San Diego, CA 92107

Hours: M-F 8:00-5:00 Evening hours available as needed
Population: San Diego Unified School district students that have been detained at the Kearny Mesa Juvenile Detention Facility
Service: Home based Multi-Systemic Therapy (MST) and Assertive Community Treatment (ACT) which require family participation
Specialty Populations: Adolescent probation wards referred by the Probation Department
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Michele Solomon

Juvenile Forensic Services
Polinsky
Stabilization Treatment and Transition (STAT) Team
(858) 514-4612

9400 Ruffin Road
San Diego, CA 92123

Hours: M-F 8:00 A.M.-9:00 P.M. and Sunday 9:00 A.M.-7:00 P.M. (Coverage provided Sunday through Friday)
Population: Dependent children and youths detained in shelter care at Polinsky Children's Center
Service: Mental health services and crisis intervention
Specialty Populations: Juvenile Court Dependents
Parent Organization: County of San Diego
Children's Mental Health Services Chief: Michele Solomon

Juvenile Forensic Services
Probation
Stabilization Treatment and Transition (STAT) Team
(858) 694-4680

2901 Meadow Lark Drive
San Diego, CA 92123

Hours: M-F 8:00-7:00
Population: Children and adolescents detained in Kearny Mesa Juvenile Hall (KMJDF), East Mesa (EMJDF), Girls Rehabilitation Facility (GRF), Camp Barnett, and Campo (JRF)
Service: Crisis intervention, counseling, medical evaluations, brief assessment, Consultation, transitional mental health services, and community stabilization
Specialty Populations: Juvenile Court Wards
Parent Organization: County of San Diego
Children's Mental Health Services Chief: Michele Solomon

Multi-Dimensional Treatment Foster Care
(MTFC) C-Program
(619) 221-8600

3255 Wing Street
San Diego, CA 92110

Hours: M-F 9:00-5:00
Population: Children ages 7-12 identified by Child Welfare Services
Service: Community/home based intensive treatment foster care
Specialty Populations: N/A
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Michele Solomon

**Multi-Dimensional Treatment Foster Care
(MTFC) P-Program
(858) 277-9550**

3002 Armstrong Street

San Diego, CA 92111

Hours: M-W-F 9:00-5:00 Tu and Th 9:00-7:00

Population: Children 3-6 identified by Child Welfare Services

Service: Community/home based intensive treatment foster care

Specialty Populations: N/A

Parent Organization: San Diego Center for Children

County of San Diego Program Monitor: Michele Solomon

**OptumHealth Treatment & Evaluation Resource Management
OptumHealth-TERM Team
(877) 824-8376
Fax: (619) 641-6779**

3111 Camino del Rio North, Suite 500

San Diego, CA 92108

Hours: M-F 8:30-5:00

Population: Child Welfare Services, Juvenile Probation

Service: Quality management of the mental health treatment, evaluation and assessment services provided to Child Welfare Services and Juvenile Probation clients. Referrals to a network of community providers

Specialty Populations: Children involved in the CWS and Juvenile Probation systems and their Family/Caretakers

Parent Organization: OptumHealth/United Behavioral Health

County of San Diego Program Monitor: Candace Milow/Michele Solomon (Liaison)

**Vista Hill Juvenile Court Clinic
(858) 571-1964**

2851 Meadow Lark Drive

San Diego, CA 92123

Hours: M-F 9:00-5:00

Population: Seriously Emotionally Disturbed Children/Youth and family that are wards and dependents of the Court without funding and/or have exhausted medication resources and a referred by the Probation Department and or Child Welfare Services

Service: Assessment, medication management services, case management, linkage and referral for on-going care including one-to-one therapy and family counseling when required

Parent Organization: Vista Hill

County of San Diego Program Monitor: Michele Solomon

Mental Health Services in Health Clinics

Community Clinics Health Network (Council of Community Clinics) (619) 542-4300

7335 Metropolitan Drive
San Diego, CA 92108

Population: Unserved, uninsured children, adolescents, Transitional Age Youth.
Service: Serves as the administrative support organizations of the clinics listed below. Clinics listed below provide mental health assessment, dual diagnosis screening, information, brief mental health services, and referrals as needed
Specialty Populations: N/A
Parent Organization: Community Clinics Health Network
County of San Diego Program Monitor: Debra Fitzgerald

Provider: Imperial Beach Health Center
Address: 949 Palm Avenue, Imperial Beach, CA 91932
Phone: (619) 429-3733
Hours: M-Th 8:00-9:00, F 8:00-5:00

Provider: La Maestra Community Health Center
Address: 4185 Fairmount Avenue, San Diego, CA 92105
Phone: (619) 280-4213
Hours: M-F 8:30-6:00

Provider: Mountain Health and Community Services
Site: Mountain Empire Family Medicine
Address: 31115 Highway 94, Campo, CA 91906
Phone: (619) 478-5311
Hours: M-F 8:00-5:30

Site: Alpine Family Medicine
Address: 1620 Alpine Blvd., Alpine, CA 91901
Phone: (619) 445-6200
Hours: M-F 8:00-5:30

Site: High Desert Family Medicine
Address: 44460 Old Highway 80, Jacumba, CA 91934
Phone: (619) 766-4071
Hours: M-F 8:00-5:30

Provider: Neighborhood Healthcare
Address: 425 N. Date Street, Suite 203, Escondido, CA 92025
Phone: (760) 737-2018
Hours: M-F 8:00-5:00

Community Clinics Health Network (Continued)

Provider: North County Health Services
Site: San Marcos Health Center
Address: 150 Valpreda Road, San Marcos, CA 92069
Phone: (760) 736-6700
Hours: M-F 8:00-6:00 – Sat 8:00-5:00

Provider: San Diego American Indian Health Center
Address: 2602 First Avenue, Suite 100, San Diego, CA 92103
Phone: (619) 234-0648
Hours: M-F 8:00-5:00

Provider: San Diego Family Care
Site: Linda Vista Health Care Center
Address: 6973 Linda Vista Road, San Diego, CA 92111
Phone: (858) 279-0925
Hours: M-F 8:00-5:00

Site: Mid-City Community Clinic-Adults
Address: 4290 Polk Avenue, San Diego, CA 92105
Phone: (619) 563-0250
Hours: M-F 8:00-5:00

Site: Mid-City Community Clinic-Peds
Address: 4305 University Avenue, San Diego, CA 92105
Phone: (619) 280-2058
Hours: M-F 8:00-5:00

Provider: San Ysidro Behavioral Health
Address: 4004 Beyer Blvd. San Ysidro, CA 92173
Phone: (619) 428-5561
Hours: M-F 8:00-5:00

MHSA Innovation Programs

Wellness and Self Regulation for Children and Youth (619) 397-6990

730 Medical Center Court
Chula Vista, CA 91910

Population: Youth residing at New Alternatives South Campus RCL 12 & 14 including and all the clients who participate in the day treatment mental health patch

Service: Holistic interventions to help residents re-regulate functioning in areas such as arousal level, mood, physical health, appetite, and eating behavior, social interaction, and sleep patterns. Additional, enhancing skills of Residential Treatment Center (RTC) and day treatment staff to gain competency in wellness activities and interventions to treat mental, behavioral, physical and social concerns

Specialty Populations: N/A

Parent Organization: New Alternatives

County of San Diego Program Monitor: Yael Koenig

Wellness and Self Regulation for Children and Youth (858)569-2142

3002 Armstrong Street
San Diego, CA 92111

Population: Children residing at San Diego Center for Children RCL 12 & 14 including all the clients who participate in the day treatment mental health patch

Service: Holistic interventions to help residents re-regulate functioning in areas such as arousal level, mood, physical health, appetite, and eating behavior, social interaction, and sleep patterns. Additional, enhancing skills of Residential Treatment Center (RTC) and day treatment staff to gain competency in wellness activities and interventions to treat mental, behavioral, physical and social concerns

Specialty Populations: N/A

Parent Organization: San Diego Center for Children

County of San Diego Program Monitor: Yael Koenig

Outcome Measures Services

Child and Adolescent Research Services (858) 966-7703

3665 Kearny Villa Road, Suite 200
San Diego, CA 92123

Population: Children and Youth with severe emotional disturbances who are served by County of San Diego Children Mental Health Services

Service: Countywide data and outcomes research services on County of San Diego Children's Mental Health Services. Includes collaboration with County-contracted provider programs and other County departments located in each of the six Health and Human Services regions

Specialty Populations: N/A

Parent Organization: Regents of the University of California, University of California, San Diego

County of San Diego Program Monitor: Kathy Anderson

Outpatient Services

Outpatient programs offer psychiatric evaluation, medication, individual, group, and family psychotherapy. Outpatient clinics offer limited crisis intervention services during business hours. While it is possible to walk in to some programs and receive timely service, most appreciate a phone call and can then provide an appointment to see a clinician as needed.

ALLY- Advocating, Listening, and Leading the Youth (619) 628-2591

490 Emory Street
Imperial Beach, CA 91932

Hours: M and W 10:00-7:00 – T and F 8:30-5:00
Population: Children and adolescents on Medi-Cal
Service: Early Periodic Screening, Diagnosis and Treatment (EPSDT) services, outpatient therapy, individual, group and family therapy, and medication management. South Bay Union School District
Specialty Populations: N/A
Parent Organization: Prime Healthcare
County of San Diego Program Monitor: Katie Astor

ALLY (619) 267-5115

502 Euclid Avenue
National City, CA 91950

Hours: M-F 8:00-5:00
Population: Children and adolescents on Medi-Cal
Service: Outpatient clinic services, pediatric referrals and school-based services. Individual, group, and family therapy. Psychiatric services and medication management. School-based services in Sweetwater District (National City area)
Specialty Populations: N/A
Parent Organization: Prime Healthcare
County of San Diego Program Monitor: Katie Astor

Catalyst
(858) 300-0460

7155 Mission Gorge Road
San Diego, CA 92120

Hours: M-F 9:00-6:00
Population: Transition Age Youth (TAY) ages 16 to 24 Medi-Cal or indigent who have a Serious Emotional Disturbance (SED) or a Serious Mental Illness (SMI) and who may have a co-occurring mental illness and substance abuse disorder and who have been homeless or are at risk of homelessness, have transitioned from foster care, may have been in juvenile institutions or justice system and /or are users of acute inpatient care
Service: Assertive Community Treatment program that includes psychiatric assessment, medication management, individual supportive therapy, substance abuse treatment, co-occurring disorders treatment, supportive housing, basic needs, family psycho-education, supportive employment development, and legal assistance
Specialty Populations: N/A
Parent Organization: Providence Community Services
County of San Diego Program Monitor: Tabatha Lang

Chaldean-Middle Eastern Social Services
(619) 631-7400

343 E. Main Street Suite #201
El Cajon, CA 92020

Hours: M-F 9:00-5:00
Population: Medi-Cal and unfunded Children and Youth 0-17
Service: Outpatient mental health services
Specialty Population: Middle Eastern Refugees
Parent Organization: Chaldean-Middle Eastern Social Services
County of San Diego Program Monitor: Katie Astor

Community Circle Central
(619) 515-2355

2204 National Avenue
San Diego, CA 92113

Hours: M, T, W 8:00-8:00 Th, F 8:00-5:00 Home visits by appointments
Population: School-based Children and Adolescents with Medi-Cal and MHSA (SSN and no other insurance). Clinic based children and adults with Medi-Cal Medicare, CWS, VOC, Self Pay, Sliding Scale fee schedule
Service: Outpatient mental health clinic services. Individual, group and family therapy. Children and adults. School-based mental health services for children. Child and adult psychiatric services. Service location is Logan Heights/Southeast San Diego
Specialty Populations: Bilingual English and Spanish, Latino population
Parent Organization: Family Health Centers of San Diego
County of San Diego Program Monitor: Katie Astor

**Community Circle East/Spring Valley
(619) 515-2380**

3845 Spring Drive
Spring Valley, CA 91977

Hours: M-F 8:00-5:00 home visits by appointment
Population: Children and Adolescents on Medi-Cal and MHSA
Service: Outpatient clinic services, pediatric referrals and school-based mental health services. Individual, group and family therapy. Psychiatric services and medication management. School-based services are provided in La Mesa-Spring Valley School District
Specialty Populations: N/A
Parent Organization: Family Health Centers of San Diego
County of San Diego Program Monitor: Katie Astor

**Community Research Foundation
Cultural Access Resource Enhancement (CARE)
(858) 836-1090**

8775 Aero Drive #333
San Diego, CA 92123

Hours: M-F 9:00-5:00 Evening and Saturday hours by appointment
Population: Children, Adolescents and their families; un-insured and Medi-Cal accepted
Service: Culturally and linguistically competent services, including: community based services, outreach and engagement, mental health education, crisis intervention, individual, group, and family counseling, case management, psychiatric services including medication, full service partnership services and supports
Specialty Populations: Latino and Asian/Pacific Islander
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Katie Astor

**Cornerstone
(619) 640-3266**

4660 El Cajon Blvd., Suite 210
San Diego, CA 92115

Hours: 8:30-5:00 Day and evening hours available by appointment
Population: MHSA and Medi-Cal children/youth up to age 18
Service: Outpatient mental health services, Individual group, and skill-building, family therapy services, psychiatric services, and medication management
Specialty Populations: Clinic and school-based, San Diego Unified School District
Parent Organization: Providence Community Services
County of San Diego Program Monitor: Katie Astor

Counseling Cove (619) 525-9903

2250 Fourth Avenue, Suite 301
San Diego, CA 92103

Hours: M-F 9:00-6:00 Weekend and evenings by appointment
Population: Homeless, runaway and severely emotionally disturbed youth throughout entire county of San Diego ages 12-21
Service: Outreach and engagement, crisis intervention, psychiatric evaluation, counseling, case management, medication monitoring, rehabilitative and support services
Specialty Populations: Homeless and runaway youth
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Katie Astor

Crossroads Family Center (619) 441-1907

1679 E. Main Street, Suite 102
El Cajon, CA 92021

Hours: M-F 9:00-5:00. Evenings by appointment.
Population: Children and youth with Medi-Cal, AB 3632, Healthy Families, indigent and MHSA eligible
Service: Crisis and community support, individual, group and family therapy, medication management with therapy
Specialty Populations: Transition Age Youth Outreach to rural East County area
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Katie Astor

Developmental Evaluation Clinic (858) 966-5817

3020 Children's Way, MS 5843
San Diego, CA 92123

Hours: M-F 8:00-5:00
Population: Infants, pre-school and school age children
Service: Children's Developmental Evaluation Clinic provides developmental and psychological evaluation of infants, pre-school and school aged children. Licensed psychologists, neuro-psychologists and post-doctoral psychology interns evaluate children using a variety of psychometric tests. Identification of developmental and social delays, the significance of the delays and behavioral problems assessments, evaluation of the need for further assessment/intervention and recommendation of educational and therapeutic programs
Specialty Populations: Children under the age of six
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Michele Solomon

Douglas Young Youth and Family Services (858) 300-8282

7907 Ostrow Street, Suite F
San Diego, CA 92111

Hours: M,T, W 9:30-6:00 Th - 12:00-8:00, F - 9:00-5:00
Population: Children and Adolescents, AB 3632, Healthy Families, Medi-Cal, indigent
Service: Clinic and School-Based outpatient mental services including crisis intervention, individual, family and group counseling, case management, psychiatric services including medication. School-based services within San Diego Unified School District
Specialty Populations: Transition Age Youth and Co-Occurring Disorders
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Katie Astor

Early Childhood Mental Health (ECMH) Incredible Years (619) 238-0471

3510 Newton Avenue
San Diego, CA 92113

Hours: M-F 8:00-5:00
Population: SED children ages birth to five in San Diego Unified School District pre-school(s) who have been assessed and diagnosed with aggressive behavior problems and other emotional disturbance
Service: School-based mental health services that utilizes the Incredible Years curriculum
Specialty Populations: Latino and Asian Pacific Islander SED children and their families
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Katie Astor

Green Oak Ranch (760) 598-2803

1237 Green Oak Road
Vista, CA 92083

Hours: M-F 9:00-8:00
Population: Children and Adolescents diverted from Polinsky Center
Service: Assessment, case management and nursing/respite services
Specialty Populations: Children under the age of six, Juvenile Court Dependents
Parent Organization: New Alternatives
County of San Diego Program Monitor: Katie Astor

**KidSTART Center EPSDT Clinic
(Central-North Central)
(858) 576-1700 Ext. 5803**

3665 Kearny Villa Road, Suite 501
San Diego, CA 92123

Hours: M 8-6, T-F 8-5 Additional evening and weekend hours as needed
Population: Medi-Cal eligible children ages birth to 5 years
Service: Outpatient mental health services treatment for children experiencing atypical development and behavior and their families and caregivers. Referrals to this program are made primarily by the KidSTART Center
Specialty Populations: Child Welfare Services children ages 0-5
Parent Organization: Rady Children's Hospital
County of San Diego Program Monitor: Yael Koenig

**KidSTART Center EPSDT North Coastal Clinic
(760) 967-7082**

3142 Vista Way, Suite 207
Oceanside, CA 92056

Hours: M-F 8-6 Evening hours one day a week
Population: Medi-Cal eligible children ages birth to 5 years
Service: Outpatient mental health services treatment for children experiencing atypical development and behavior and their families and caregivers. Referrals to this program are made primarily by the KidSTART Center
Specialty Populations: Child Welfare Services children ages 0-5
Parent Organization: Rady Children's Hospital
County of San Diego Program Monitor: Yael Koenig

**KidSTART Center EPSDT South Clinic
(619) 420-5611**

1261-D Third Avenue
Chula Vista, CA 91911

Hours: M-F 8-6 Evening hours one day a week
Population: Medi-Cal eligible children ages birth to 5 years
Service: Outpatient mental health services treatment for children experiencing atypical development and behavior and their families and caregivers. Referrals to this program are made primarily by the KidSTART Center
Specialty Populations: Child Welfare Services children ages 0-5
Parent Organization: Rady Children's Hospital
County of San Diego Program Monitor: Yael Koenig

Mental Health Resource Center (858) 573-2227

2351 Cardinal Lane, Annex B
San Diego, CA 92123

Hours: M-F 8:00-5:00 Evening hours available by appointment
Population: San Diego Unified School District students, by referral only. Includes referrals from ALBA, Student Attendance Review Board (SARB), Medi-Cal, MHSA, AB 3632, Probation/MST Program, and selected preschool sites. Also includes referred elementary and middle school Emotionally Disturbed students.
Service: Outpatient Mental Health Services
Specialty Populations: Preschool children, Transition Age Youth, Juvenile Court Dependents, Juvenile Court Wards. MHSA serves children and youth 3-18 and their families; outreach to underserved Severely Emotional Disturbed (SED) Asian and Latino children and youth
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Frances Edwards

MHS Community Assessment Team-Youth At Risk (CAT-YAR) (760) 747-0205

940 E. Valley Parkway Suite D
Escondido, CA. 92025

Hours: M-Th 8:00-7:00; F 8:00-5:00
Population: Youth 8-17 at risk, and families covered by Medi-Cal
Service: Individual, family and group therapy; community support, case management, medication management, outreach and community based services
Specialty Populations: Youth at risk for juvenile justice involvement; North Inland San Diego County
Parent Organization: Mental Health Systems
County of San Diego Program Monitor: Katie Astor

MHS Central School-Based Program (formerly ALBA) (858) 278-3292

4660 Viewridge Avenue
San Diego, CA 92123

Hours: M-F 7:30-5:00
Population: Children and adolescents - must have Medi-Cal and must be in San Diego City School District. Uninsured (MHSA eligible)
Service: Individual, family, and group therapy. Case management, medication evaluation and monitoring, bilingual services and interpreters available.
Specialty Populations: N/A
Parent Organization: Mental Health Systems
County of San Diego Program Monitor: Katie Astor

Mobile Adolescent Services Team (MAST)
(619) 398-3261

1202 Morena Blvd., Suite 300
San Diego, CA 92110

Hours: M-F 8:00-5:00
Population: Children and adolescents enrolled in Juvenile Court and Community Schools (JCCS) district. Must be Medi-Cal eligible or have no other form of insurance.
Service: Individual, family and group therapy; crisis and community support; medication management; school/community based services
Specialty Populations: Children/adolescents at risk of entering into (or going further into) the Juvenile Justice system. Pregnant teens/teen mothers
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Katie Astor

New Alternatives / Foster Family Agency
(888) 599-HOME

4307 3rd Avenue
San Diego, CA 92103

Hours: M-F 8:00-5:00
Population: Medi-Cal eligible youth enrolled in New Alternatives Foster Family Agency
Service: Outpatient mental health services
Specialty Populations: Transition Age Youth, children under the age of six, Juvenile Court Dependents, EPSDT
Parent Organization: New Alternatives
County of San Diego Program Monitor: Katie Astor

North County Lifeline
Community Assessment Team-Youth At Risk (CAT-YAR) I
(760) 726-4900

200 Michigan Avenue
Vista, CA 92084

Hours: M-Th 8:30- 8:00 F 8:30-5:00 or by appointment
Population: Youth ages 6 - 17
Service: Provides juvenile delinquency prevention and diversion, school drop out prevention, youth leadership and peer education, counseling, drug and alcohol prevention and treatment, independent living skills training, recreation, career/vocational guidance, direct connection to available community services. CAT-YAR Early Periodic Screening , Diagnosis and Treatment (EPSDT) outpatient programs provide assessment, individual, group, and family therapy and medication support services, provided at clinic, school sites and in-home. The youth must be Medi-Cal eligible
Specialty Populations: Juvenile Court Wards
Parent Organization: North County Lifeline, Inc.
County of San Diego Program Monitor: Katie Astor

**North County Lifeline-
Community Assessment Team-Youth At Risk (CAT-YAR) II
(760) 757-0118**

707 Oceanside Blvd.
Oceanside, CA 92054

Hours: M-Th 8:30 - 8:00 F 8:00-5:00 or by appointment
Population: Youth ages 6 - 17
Service: CAT provides juvenile delinquency prevention and diversion, school drop out prevention, youth leadership and peer education, counseling, drug and alcohol prevention and treatment, independent living skills training, recreation, career/vocational guidance, direct connection to available community services. CAT-YAR Early Periodic Screening, Diagnosis and Treatment (EPSDT) outpatient programs provide assessment, individual, group, and family therapy and medication support services, provided at clinic, school sites and in-home. The youth must be Medi-Cal eligible
Specialty Populations: Juvenile Court Wards
Parent Organization: North County Lifeline, Inc.
County of San Diego Program Monitor: Katie Astor

**Nueva Vista Family Services
(619) 585-7686**

1161 Bay Blvd. Suite B
Chula Vista, CA 91911

Hours: M & F 9:00-5:00 Tu, W, Th - 9:00-7:00
Population: Children and Adolescents, Medi-Cal, MHSA, AB 3632, Healthy Families, and indigent
Service: Outpatient psychiatric services, medication management, individual, family and group therapy, Medi-Cal and Short-Doyle and EPSDT services for National School District, Chula Vista Elementary School District, and Sweetwater High School District
Specialty Populations: N/A
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Katie Astor

**Palomar Family Counseling
(760) 731-3235**

120 W Hawthorne Street
Fallbrook, CA 92028

Hours: M-F 8:30-5:30
Population: Children and adolescents on Medi-Cal and MHSA eligible
Service: Individual, group and family therapy, medication management. Provides services to Fallbrook High School District, Fallbrook Elementary District
Specialty Populations: N/A
Parent Organization: Palomar Family Counseling
County of San Diego Program Monitor: Katie Astor

**Palomar Family Counseling-Childnet
(760) 741-2660**

1002 East Grand Avenue
Escondido, CA 92025

Hours: M-F 8:30-5:00 Sat 9:00-5:00
Population: Medi-Cal and MHSA eligible children ages 0-5 and their families
Service: Assessment, behavioral intervention, teacher intervention at designated preschools, implementation of Incredible Years. Provides behavioral intervention and preschool teacher training to assist young children succeed in preschool and the community
Specialty Populations: N/A
Parent Organization: Palomar Family Counseling
County of San Diego Program Monitor: Katie Astor

**Palomar Family Counseling North Inland/North Coastal
(760) 741-2660**

1002 East Grand Avenue
Escondido, CA 92025

Hours: M-F 8:30-5:00
Population: Children and adolescents on Medi-Cal and MHSA eligible
Service: Outpatient mental health services, rehabilitation and case management for Medi-Cal and MHSA eligible
Specialty Populations: N/A
Parent Organization: Palomar Family Counseling
County of San Diego Program Monitor: Katie Astor

**Para Las Familias Center
(619) 565-2650**

1340 Imperial Beach Blvd., Suite 204
Imperial Beach, CA 91932

Hours: M-F 8:00-5:00 Evening hours available to families
Population: Children, ages 0 - 5, on Medi-Cal and non-insured children
Service: Assessment, individual, filial and family therapy. Services provided at clinic, pre-school sites and in-home services
Specialty Populations: Children under the age of six Juvenile Court Dependents
Parent Organization: Episcopal Community Services
County of San Diego Program Monitor: Katie Astor

ParentCare Center
(619) 668-4200

4990 Williams Avenue
La Mesa, CA 91941

Hours: M-F 8:00-5:00 Evening/weekend hours available pursuant to the needs of the clients
Population: Juvenile Court dependent children, ages 0 - 11
Service: Provides brief mental health services based on the Incredible Years model, including Basic Parent Group training
Specialty Populations: Juvenile Court Dependent children through age 11
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Katie Astor

Rady Children's Outpatient Psychiatry – Central Clinic
(858) 966-5832

3665 Kearny Villa Road #101
San Diego, CA 92123

Hours: M-F 8:00-5:00 Evenings by appointment: 5:00-7:00
Population: Children and adolescents, AB 3632 services for Medi-Cal, MHSA, and Healthy Families, indigent
Service: Clinic based outpatient psychiatric services, medication management, individual, group, family therapy, and Full Service Partnership (FSP)
Specialty Populations: N/A
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Katie Astor

Rady Children's Outpatient Psychiatry – Central/East/South
(858) 966-5832

3665 Kearny Villa Road #101
San Diego, CA 92123

Hours: M-F 8:00-5:00 Evenings by appointment: 5:00-7:00
Population: Children and adolescents, AB 3632 services for Medi-Cal, MHSA, and Healthy Families, indigent
Service: School-based mental health services, medication management, individual, group, family therapy, and Full Service Partnership (FSP).
Specialty Populations: N/A
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Katie Astor

Rady Children's Outpatient Psychiatry - North Coastal (760) 758-1480

3142 Vista Way, Suite 205
Oceanside, CA 92056-3619

Hours: M-F 8:00-5:00 Evenings by appointment
Population: Children & Adolescents, AB 3632, Medi-Cal, Healthy Families, indigent
Service: Outpatient psychiatric services, medication management, individual, group, family therapy, and Full Service Partnership (FSP)
Specialty Populations: N/A
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Katie Astor

Rady Children's Hospital San Diego Outpatient Psychiatry North Inland (760) 294-9270

625 W. Citracado Parkway, Suite 102
Escondido, CA 92025

Hours: M-F 8:00-4:30 Evenings by appointment
Population: Children and youth
Service: Outpatient psychiatric services, medication management, individual, group, family therapy, and Full Service Partnership (FSP)
Specialty Populations: N/A
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Katie Astor

Riley Outpatient (858) 496-8205

5650 Mt. Ackerly Drive
San Diego, CA 92111

Hours: M-F 8:00-5:00 Evening appointments available
Population: AB 3632, Medi-Cal eligible children, youth, and their families
Service: Outpatient, diagnostic and brief treatment services for children, adolescents and young adults (up to age 21)
Specialty Populations: N/A
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Frances Edwards

**San Diego Center for Children
East County Outpatient Counseling
Lemon Grove Avenue
(619) 465-5006**

2741 Lemon Grove Avenue, Suite 104
Lemon Grove, CA 91945

Hours: M, W, F 9:00-5:00 Tu and Th 9:00-8:00
Population: Medi-Cal eligible children and adolescents
Service: Outpatient clinic services and school-based services. Individual, family and group therapy. Psychiatric services and medication management. School based services in Lemon Grove School District, Lakeside School District, La Mesa/Spring Valley School District, and Grossmont School District
Specialty Populations: Transition Age Youth, Juvenile Court Dependents, Juvenile Court Wards
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Katie Astor

**San Diego Center for Children East Outpatient
Counseling Program
(619) 668-6200**

7339 El Cajon Blvd. Suite K
La Mesa, CA 91941

Hours: M-F 8:00-5:00
Population: Children and youth
Service: Outpatient mental health services
Specialty Populations: N/A
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Katie Astor

**San Diego Center for Children
Foster Family Agency Stabilization
(858) 277-9550**

3002 Armstrong Street
San Diego, CA 92111

Hours: M-F 8:00-5:00, evening and weekend appointments as needed
Population: Medi-Cal eligible children and adolescents
Service: Outpatient Mental Health, Multi-dimensional Treatment Foster Care (MTFC), medication monitoring
Specialty Populations: N/A
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Katie Astor

**San Diego Center for Children Stepdown Wraparound
(858) 277-9550**

3002 Armstrong Street
San Diego, CA 92111

Hours: M-F 8:00-5:00, evening and weekend appointments as needed
Population: Emotionally Disturbed (ED) youth and adolescents who are stepping down from San Diego Center for Children residential treatment programs to a lower level of care/home environments - Medi-Cal eligible.
Service: Wraparound, case management, stepdown, medication monitoring, and mental health outpatient services
Specialty Populations: N/A
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Katie Astor

**San Diego Deaf Mental Health Services
(858) 410-1067**

707 Broadway, 2nd Floor
San Diego, CA 92101

TDD for Hearing Impaired: (858) 410-1067
Hours: M-F 8:30-5:00
Population: Unfunded, Serious Emotional Disturbed and Seriously Mentally ill that are deaf or hard of hearing.
Service: Assessment, crisis intervention, individual therapy, collateral contact, group therapy services.
Specialty Populations: Deaf or hard of hearing, individuals with co-occurring substance abuse disorders.
Parent Organization: San Diego Deaf Mental Health Services
County of San Diego Program Monitor: Virginia West

**San Diego Youth Services
East County Behavioral Health Center
Community Assessment Team-Youth At Risk (CAT-YAR)
(619) 448-9700**

1870 Cordell Court, Suite 101
El Cajon, CA 92020

Hours: M-F 9:00-6:00 Weekends/evenings by appointment
Population: At risk children and youth ages 6 – 18 and their families. Medi-Cal children/youth attending Lakeside, Santee and Grossmont Union School Districts
Service: Individual, group and family therapy, case-management, crisis intervention, psychiatric evaluations, medication management, and psychological testing
Specialty Populations: Delinquent Youth
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Katie Astor

**San Diego Youth Services
East School-Based
(619) 448-9700**

1870 Cordell Court, Suite 101
El Cajon, CA 92020

Hours: M-F 9:00-5:30
Population: Medi-Cal eligible children and youth up to 21 years old; and uninsured children and youth 0-18 years old and their families
Service: School-based outpatient program serving Lakeside Union, Santee, and Grossmont Union School Districts
Specialty Populations: Students designated as AB 3632 in their Individualized Educational Program (IEP) and outreach to underserved SED Asian and Latino children and youth
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Katie Astor

**San Diego Youth Services/Foster Family Agency
(619) 221-8610**

3255 Wing Street
San Diego, CA 92110

Hours: M-F 8:30-5:00
Population: Children/adolescents enrolled in the San Diego Youth Services foster family agency.
Service: Individual, group, family therapy, crisis intervention, psychiatric evaluation, case management, medication monitoring, rehabilitative and support services
Specialty Populations: N/A
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Katie Astor

**Social Advocates for Youth (SAY) San Diego
Community Assessment Team (CAT) II
(619) 283-9624**

4275 El Cajon Blvd., Suite 101
San Diego, CA 92105

Hours: M-F 9:00-5:00 weekends/evenings by appointment
Population: At risk youth 8 - 18 and their families, Medi-Cal and MHSA
Service: Individual, group and family, rehabilitation
Specialty Populations: Juvenile Court Wards
Parent Organization: SAY San Diego, Inc.
County of San Diego Program Monitor: Katie Astor

**Social Advocates for Youth (SAY) San Diego
School-Based Services
(619) 283-9624**

4275 El Cajon Blvd., Suite 101
San Diego, CA 92105

Hours: M-F 9:00-5:00 weekends/evenings by appointment
Population: Medi-Cal eligible children and youth up to age 21 and their families and
MHSA eligible children and youth up to age 18
Service: Outpatient diagnosis and brief treatment services; case management and
rehabilitative services
Specialty Populations: N/A
Parent Organization: SAY San Diego, Inc.
County of San Diego Program Monitor: Katie Astor

**South Bay Community Services
Community Assessment Team-Youth At Risk (CAT-YAR)
(619) 420-3620**

1124 Bay Blvd., Suite D
Chula Vista, CA 91911

Hours: M-Th 8:30-8:30 and F 8:30-6:00
Population: Medi-Cal eligible children and adolescents
Service: Assessment, individual, group and family therapy services, provided at
clinic, school sites and in-home
Specialty Populations: N/A
Parent Organization: South Bay Community Services
County of San Diego Program Monitor: Katie Astor

**South Bay Community Services
Intensive School-Based Outpatient Services
(619) 420-3620**

1124 Bay Blvd., Suite D
Chula Vista, CA 91911

Hours: M-Th 8:30-8:30 and F 8:30-6:00
Population: Children and Adolescents referred through AB 3632
Service: School-based mental health intensive outpatient program for AB 3632
students at designated school sites
Specialty Populations: N/A
Parent Organization: South Bay Community Services
County of San Diego Program Monitor: Frances Edwards

**Southeast County Mental Health Clinic
(619) 595-4400**

3177 Ocean View Blvd.

San Diego, CA 92113

Hours: M-Th 8:00-6:00 W -8:00-7:00, F - 8:00-5:00

Population: Children and adolescents

Service: Outpatient therapy, individual, group and family therapy, medication management, school liaison and advocacy. Spanish speaking, licensed therapists, and also see AB 3632 clients

Specialty Populations: N/A

Parent Organization: County of San Diego

Children's Mental Health Services Chief: Laretta Monise

Survivors of Torture International

(619) 278-2400

P.O. Box 151240

San Diego, CA 92175

Hours: M-F 8:30-5:00

Population: Uninsured, unserved, Seriously Emotional Disturbed, and Seriously Mentally ill

Service: Mental health assessment, dual diagnosis services, individual and group therapy, case management and referrals

Specialty Populations: Victims of trauma and torture

Parent Organization: Survivors of Torture International

County of San Diego Program Monitor: Tabatha Lang

**The Bridgman Home
(619) 585-1508**

968 Corte Maria

Chula Vista, CA 91911

Hours: M-F 10:00-6:00

Population: Youth enrolled in the The Bridgman Home and the Bridge RCL 12 group homes associated with San Diego Youth Services

Service: Outpatient mental health services

Specialty Populations: Deaf and Hard of Hearing

Parent Organization: San Diego Youth Services

County of San Diego Program Monitor: Michele Solomon

**Trinity/Foster Family Agency
(619) 585-1508**

835 3rd Avenue, Suite E
Chula Vista, CA 91911

Hours: M-F 8:30-5:00
Population: Medi-Cal eligible children and youth who are in Trinity Foster Family Agency
Service: Outpatient mental health services
Specialty Populations: Transition Age Youth, Juvenile Court Dependents
Parent Organization: Trinity Youth Services
County of San Diego Program Monitor: Katie Astor

**Union of Pan Asian Communities (UPAC)
Multi-Cultural Family Services
(619) 232-6454**

1031 25th Street
San Diego, CA 92102

Hours: M-F 8:30-5:00
Population: Children and adolescents
Service: Outpatient individual, group and family therapy, crisis and community support, medication management, case management and psychiatric evaluation
Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards, Asian Pacific cultures
Parent Organization: Union of Pan Asian Communities
County of San Diego Program Monitor: Katie Astor

**Union of Pan Asian Communities (UPAC) Rainbow Center
(619) 232-6454**

1031 25th Street
San Diego, CA 92102

Hours: M-F 8:30-5:00
Population: Children and adolescents
Service: School-based counseling services, individual and group counseling, family counseling, substance abuse counseling, case management, and outreach. Services provided at San Diego Unified School District: Chollas/Mead Elementary, Edison Elementary, Gompers Charter Middle School, Hoover High, Knox Elementary, Lincoln High, Porter Elementary, Valencia Park Elementary, and Webster Academy. Services also provided in North County: Beaumont Elementary, Ditmar Elementary, El Camino High, and Lincoln Middle School
Specialty Populations: N/A
Parent Organization: Union of Pan Asian Communities
County of San Diego Program Monitor: Katie Astor

**Vista Hill Learning Assistance Center
North Inland Program
(760) 788-9724**

398 D Street
Ramona, CA 92065

Hours: M-F 8:00-5:30 Evenings and weekend hours are available
Population: Children and adolescents
Service: School and home based mental health services including individual, group and family therapy, case management, rehabilitation, and medication management (psychiatry). Services provided through Medi-Cal, Mental Health Services Act for uninsured/underinsured children, and AB 3632. School-based services provided in Ramona, Borrego Springs, Julian (elementary/middle and high school districts), San Pasqual Union, Warner Springs, and Spencer Valley
Specialty Populations: N/A
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Katie Astor

**Vista Hill Learning Lincoln Annex
(760) 489-4126**

1029 N Broadway
Escondido, CA 92026

Hours: M-F 8:00-5:00 Evening and weekend hours available for families
Population: Elementary and Middle School Children and families within Escondido Union Elementary School District
Service: School and home based mental health services including individual, group and family therapy, case management, rehabilitation, and medication management (psychiatry). Services provided through Medi-Cal, Mental Health Services Act for uninsured/underinsured children. School-based services provided in Escondido Union Elementary School District (elementary and middle school students) and in San Pasqual Union
Specialty Populations: N/A
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Katie Astor

**Walden Family Services/Foster Family Agency
(619) 584-5777**

3517 Camino Del Rio South, Suite 215
San Diego, CA 92108

Hours: M-F 8:30-5:00
Population: Birth to 18 years. Must be participating in foster care services program
Service: Provides intensive, individualized psychotherapy and psychiatric treatment for emotionally disturbed children. Provides assessment, evaluation, and treatment for Children in critical need of mental health services
Specialty Populations: Transition Age Youth, special health care needs
Parent Organization: Walden Family Services
County of San Diego Program Monitor: Katie Astor

YMCA

**Therapeutic Interventions Designed to Empower Students (TIDES)
(619) 543-9850**

4080 Centre Street
San Diego, CA 92103

Hours: M-F 8:30-5:00; appointments are also available from 5:00 to 8:00 pm
Population: Ages 5 – 21; Medi-Cal and MHSA. Referred by school, community, CWS
Service: Provides outpatient services at different sites in San Diego Unified School district as well in the community from the main office-YMCA Youth and Family Services outpatient clinic. Services include individual, family, group therapy, psychiatric evaluation and medication monitoring, case management with home visits
Specialty Populations: Children and adolescents
Parent Organization: YMCA
County of San Diego Program Monitor: Katie Astor

**Youth Enhancement Services (YES)
(619) 428-5533**

3025 Beyer Blvd. E101
San Diego, CA 92154

Hours: M,Tu 10:00-7:00 W-F 9:00-6:00
Population: Children & Adolescents, also Medi-Cal and indigent, Special Education, AB 3632
Service: Outpatient psychiatric services, medication management. EPSDT and MHSA services provided for San Ysidro School District and Sweetwater Union High School District
Specialty Populations: Spanish speaking
Parent Organization: San Ysidro Health Center, Inc.
County of San Diego Program Monitor: Katie Astor

PREVENTION AND EARLY INTERVENTION SERVICES **(PEI)**

Central Region Community Violence Services Alliance for Community Empowerment (ACE) (619) 232-6454

1031 25th Street
San Diego, CA 92102

Hours: M-F 8:30-5:00
Population: Middle school age boys and girls between the ages of 10-14 residing in the HHSA Central region, victims of violence, witnesses, siblings of victims, and other members of the community affected by the violence
Service: Community-Based, family driven and evidence-based Community Violence Response Services program through cultural competent activities, services and staffing. The program components include: Direct Services to Children At Risk and Their Families and Community Violence Response Services
Specialty Populations: Primary focus population is younger siblings of adolescents and young adults who have been identified as gang members of affiliates, or children of incarcerated parents
Parent Organization: Union of Pan Asian Communities
County of San Diego Program Monitor: Michele Solomon

East County PEI (Schools) (619) 258-6877

3845 Spring Drive
Spring Valley, CA 91977-6903

Hours: M-F 8:00-5:00
Population: Preschool and School age children attending La Mesa-Spring Valley Elementary School District
Service: Services include three components: 1) Positive Behavioral Intervention and Support (PBIS) implemented through the Building Effective Schools Together (BEST) model; 2) Universal Prevention Strategy; 3) Screening and Early Intervention
Specialty Populations: Stressed families, families of children at risk of school failure, families of children at risk of juvenile justice involvement, and underserved Asian and Pacific Islander, Latino and Chaldean and Middle Eastern immigrants/refugees of low socio-economic status at Avondale and La Mesa Dale Elementary schools
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Katie Astor

First Break/Kick Start (619) 481-3790

6153 Fairmount Avenue, Suite 260
San Diego, CA 92120

Hours: M-F 8:30-5:00 The site will open early and close later as needed to accommodate the schedules of our clients and to allow for group sessions and activities after hours and on weekends

Population: Youth 14 to 17 years of age, and Transition Age Youth 18 to 24 years of age

Service: Services for individuals at-risk for developing or experiencing a first break of serious mental illness that includes assessment, family education, mobile outreach, education, early intervention, information, and linkage in the central region of San Diego County

Specialty Populations: N/A

Parent Organization: Providence Community Services

County of San Diego Program Monitor: Tabatha Lang

Outreach and Prevention Education Indian Health Council (760) 749-1410

50100 Golsh Rd
Valley Center, CA 92082

Hours: M-F 8:00-4:30 plus flex hours based on need

Population: At risk and high risk American Indian and Alaska Native Children, TAY, Adults, and Older Adults and their families

Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns

Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families

Parent Organization: Indian Health Council, Inc.

County of San Diego Program Monitor: Katie Astor

**Outreach and Prevention Education
Southern Indian Health Council
(800) 400-1189
(619) 445-1188**

4058 Willows Road
Alpine, CA 91901

Hours: M-F 8:00-4:30 plus flex hours based on need
Population: At risk and high risk American Indian and Alaska Native Children, Transitional Age Youth (TAY), Adults, and Older Adults and their families
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families
Parent Organization: Indian Health Council, Inc.
County of San Diego Program Monitor: Katie Astor

**Outreach and Prevention Education
Sycuan Medical/Dental Center
(619) 445-0707**

5442 Sycuan Road
El Cajon, CA 92019

Hours: M-F 8:00-4:30 plus flex hours based on need
Population: At risk and high risk American Indian and Alaska Native Children, Transitional Age Youth (TAY), Adults, and Older Adults and their families
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families
Parent Organization: Indian Health Council, Inc.
County of San Diego Program Monitor: Katie Astor

Peer2Peer Lines
Family Supportline (877) 470- LINE
Youth Talkline (877) 450-LINE

6244 El Cajon Blvd., Suite 18
San Diego, CA 92115

- Hours:** M-F 2:00-8:00
New hours beginning February 1, 2011: M-F 12:00-6:00
- Population:** Children and youth, and caregivers/family members of children and youth, who are experiencing stress and circumstances that are affecting their emotional health, or struggling to deal with problem behaviors and/or behavioral health issues
- Service:** Two separate but linked non-crisis peer support lines; one that provides countywide telephone counseling services, support and referrals to children and youth (including Transitional Age Youth-TAY), and another non-crisis peer support line for caregivers/family members of at-risk or stressed children and youth living in San Diego County, including those who may struggle with alcohol or drugs
- Specialty Populations:** Children and their families who live in high risk, low socio-economic communities with a high concentration of ethnic minorities, including underserved Asian and Pacific Islanders, Latinos and military families
- Parent Organization:** Mental Health Systems
- County of San Diego Program Monitor:** Yael Koenig

Positive Parenting Program
(858) 637-3300

285 N. El Camino Real, Suite 211
Encinitas, CA 92024

- Hours:** M-Th 8:30-5:00 F 8:30-4:00
- Population:** Children 0-5 and their families
- Service:** Prevention and Early Intervention services utilizing the Triple P (Positive Parenting Program), an evidence-based model, with the goal of reducing the risk for behavioral/emotional problems in young children. Provides seminars for families and child care providers countywide, and seminars in elementary schools
- Specialty Populations:** Children 0-5 and their families enrolled in Head Start and Early Head Start Centers in Central and North Central regions of San Diego county; military families
- Parent Organization:** Jewish Family Service of San Diego
- County of San Diego Program Monitor:** Yael Koenig

**Rural Integrated Behavioral
Borrego Community Health Foundation-Julian Medical Clinic
(760) 765-1223**

2721 Washington Street
Julian, CA 92036

Hours: M-F 8:00-5:00 After-hour care is available, with a provider on call to assist with patients needs

Population: Children, adolescents, Transitional Age Youth (TAY), adults, and older adults attending the North County Health Services-Ramona clinic, Neighborhood Healthcare-Pauma Valley clinic, and Borrego Community Health Foundation-Julian Medical Clinic

Service: Assessment and short-term interventions in rural community clinics for individuals who may be at risk for or in the early stages of mental illness

Specialty Populations: N/A

Parent Organization: Vista Hill

County of San Diego Program Monitor: Debra Fitzgerald

**Rural Integrated Behavioral
Neighborhood Healthcare-Pauma Valley
(760) 742-9919**

16650 Highway 76
Pauma Valley, CA 92061

Hours: M-F 8:00-5:00 After-hour care is available, with a provider on call to assist with patients needs

Population: Children, adolescents, Transitional Age Youth (TAY), adults, and older adults attending the North County Health Services-Ramona clinic, Neighborhood Healthcare-Pauma Valley clinic, and Borrego Community Health Foundation-Julian Medical Clinic

Service: Assessment and short-term interventions in rural community clinics for individuals who may be at risk for or in the early stages of mental illness

Specialty Populations: N/A

Parent Organization: Vista Hill

County of San Diego Program Monitor: Debra Fitzgerald

**Rural Integrated Behavioral
North County Health Services-Ramona
(760) 789-1223**

217 East Earlham
Ramona, CA 92065

Hours: M-F 8:00-5:00 After-hour care is available, with a provider on call to assist with patients needs

Population: Children, adolescents, Transitional Age Youth (TAY), adults, and older adults attending the North County Health Services-Ramona clinic, Neighborhood Healthcare-Pauma Valley clinic, and Borrego Community Health Foundation-Julian Medical Clinic

Service: Assessment and short-term interventions in rural community clinics for individuals who may be at risk for or in the early stages of mental illness

Specialty Populations: N/A

Parent Organization: Vista Hill

County of San Diego Program Monitor: Debra Fitzgerald

**School-Based Suicide Prevention and Early Intervention Program
(619) 523-0708**

4302 Valeta Street, Buiding B4
San Diego, CA 92107

Hours: M-F 8:00-4:30

Population: Children 7th through 12th grade. Services available to youth that have completed the 12th grade and may still have some supports associated with the school

Service: School-based prevention/early Intervention services to all of the San Diego Unified School District middle and high schools located in the central region of the County of San Diego. Services include: education and outreach about the warning signs and risk factors of depression and suicide, as well as protective factors that reduce the likelihood of suicide

Specialty Populations: Outreach and targeted interventions to the gay, lesbian, bisexual, transgender, and questioning (GLBTQ) students

Parent Organization: San Diego Unified School District

County of San Diego Program Monitor: Frances Edwards

**School Age Services
School-Based Component
(760) 741-2660**

1002 East Grand Avenue
Escondido, CA 92025

Hours: M-F 8:30-5:00

Population: School age children attending Rose Elementary and Pioneer Elementary

Service: Social-emotional mental health evidence-based prevention and early intervention services

Specialty Populations: Underserved Latino school age children living in Escondido

Parent Organization: Palomar Family Counseling Services, Inc.

County of San Diego Program Monitor: Katie Astor

**School Age Services
School-Based Component
Oceanside/Vista Office
(760) 630-3505**

945 Vale Terrace
Vista, CA 92084

Hours: M-F 8:30-5:00
Population: School age children attending Mission Elementary and Laurel Elementary
Service: Social-emotional mental health evidence-based prevention and early intervention services
Specialty Populations: Underserved Latino school age children living in Oceanside/Vista
Parent Organization: Palomar Family Counseling Services, Inc.
County of San Diego Program Monitor: Katie Astor

**South Region Point of Engagement
Families as Partners (FAP)
(619) 420-3620**

1124 Bay Blvd. Suite D
Chula Vista, CA 91911

Hours: M-F 8:00-5:00
Population: Children and youth 0 to 17 years old and their families who have been exposed to family violence and/or trauma and whose children may be at risk of entering the Child Welfare Services system
Service: Upon referrals received from Child Welfare Services staff, provides mental health assessment based services at client's home, jails, shelters, or other locations requested by Child Welfare Services staff. Makes referrals to the Fred Finch South Region and Polinsky Children's Center Trauma Exposed Services Program
Specialty Populations: Children and their families at highest risk of child abuse and neglect
Parent Organization: South Bay Community Services
County of San Diego Program Monitor: Richele Swagler

South Region Trauma Exposed Services
(619) 281-3706
Ext. 350

1000 Bay Marina Blvd.
National City, CA 91950

Hours: M-F 8:00-5:00
Population: Children and youth 0 to 17 years old and their families identified by the South Region Point of Engagement program.
Service: Upon referrals received from the South Region Point of Engagement, provides mental health intervention that addresses issues of re-traumatization of children and families who experience trauma related to exposure to domestic violence and/or community violence
Specialty Populations: N/A
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Michele Solomon

Urban Indian Youth Center
(619) 531-1939

2560 First Avenue, Suite 103
San Diego, CA 92103

Hours: M-F 2:00-8:00
Population: At risk and high risk Urban American Indian and Alaska Native Children and youth ages 10-22 and their families
Service: Prevention and Early Intervention services through screening and assessment. Provides individual counseling by counselors or Spiritual Advisors. Center serves as a central location for local tribal youth to meet, do homework, learn about culture, and how wellness relates to mental, spiritual, emotional, and physical health
Specialty Populations: Urban American Indian and Alaska Native children and youth
Parent Organization: San Diego American Indian Health Center
County of San Diego Program Monitor: Katie Astor

Residential Patch Programs

Residential patch programs offer day treatment services for some children and adolescents who are placed in a residential treatment facility. Access to these programs is generally through AB 3632 or Juvenile Court involvement.

Casa de Amparo (760) 453-2300

4070 Mission Avenue
Oceanside, CA 92057

Hours: M-F 12:00-7:30 Outpatient services M-Su as needed
Population: Children and youth ages 6 to 18 residents of San Diego and who currently reside at Casa de Amparo RCL 12
Service: Full Day Rehabilitation program for children and youth placed at Casa de Amparo and outpatient aftercare transitional services
Specialty Populations: Juvenile Court dependents
Parent Organization: Casa de Amparo
County of San Diego Program Monitor: Yael Koenig

Clark Adolescent Treatment-Level 14 Program (858) 277-9550

3002 Armstrong Street
San Diego, CA 92111

Hours: M-F 2:30-8:00 Evening and weekend hours available as needed
Population: Children ages 13-18. Referred by AB 3632, CWS or Juvenile Probation
Service: Day Treatment Intensive that includes life skills training. Co-occurring disorders service capability
Specialty Populations: Juvenile Court Dependents
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Yael Koenig

Fred Finch Youth Center Intensive Day Treatment (619) 797-1090

3845 Spring Drive
Spring Valley, CA 91977

Hours: M-F 8:00-5:00
Population: 12 - 17 year old referred by Child Welfare Services and San Diego Regional Center
Service: Day Treatment
Specialty Populations: Emotionally disturbed youth with developmental disability
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Yael Koenig

**Hillcrest Day Program
(619) 543-0840**

4307 Third Avenue
San Diego, CA 92103

Hours: M-F 2:30-7:30
Population: Children or Adolescents referred by AB 3632 or Juvenile Court
Service: Day Treatment
Specialty Populations: N/A
Parent Organization: New Alternatives
County of San Diego Program Monitor: Yael Koenig

**New Alternatives Herrick Children's Center
(619) 590-1879**

2815 Steele Canyon Road
El Cajon, CA 92019

Hours: M-F 3:00-6:00
Population: Children ages 6-12 referred by AB 3632, Child Welfare Services or Juvenile Court residing at New Alternatives Herrick Children's Center
Service: Day treatment
Specialty Populations: Juvenile Court Dependents
Parent Organization: New Alternatives
County of San Diego Program Monitor: Michele Solomon

**New Alternatives, Inc. #16
South Campus
(619) 421-6900**

730 Medical Center Court
Chula Vista, CA 91911

Hours: M-F 2:30-7:30
Population: Adolescents referred by AB 3632 or Juvenile Court
Service: Day Treatment
Specialty Populations: Transition Age Youth, children under the age of six, youth Gay/Lesbian, transgender, Juvenile Court Dependents
Juvenile Court Wards
Parent Organization: New Alternatives
County of San Diego Program Monitor: Yael Koenig

**San Diego Center for Children - Level 12 Program
(858) 277-9550**

3002 Armstrong Street
San Diego, CA 92111

Hours: M-F 8:00-6:00
Population: Children ages 6 - 13. Referred by AB 3632 or Juvenile Court
Service: Day Treatment Intensive
Specialty Populations: Juvenile Court Dependents
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Frances Edwards

**San Diego Center for Children - Level 14 Program
(858) 277-9550**

3004 Armstrong Street
San Diego, CA 92111

Hours: M-F 8:00-6:00
Population: Children ages 6 - 13. Referred by AB 3632 or Juvenile Court
Service: Day Treatment Intensive
Specialty Populations: Juvenile Court Dependents
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Frances Edwards

Residential Services

Residential services provides assessment, placement and case management services for children and youth who are dependent children of the San Diego County Juvenile Court and who are in need of mental health treatment level settings because of emotional or behavioral problems and/or diagnosed mental illness. Reunification and other services are provided to the families of the dependent minor. Treatment settings include Residential Care Facilities, Licensed Group Homes, and Specialized Foster Home Agency settings. Contract development, monitoring and investigation of these facilities are also services provided.

Residential Services (619) 767-5009

7947 Mission Center Court, MS W-466
San Diego, CA 92108-1440

Hours: M-F 8:00-5:00

Population: Dependent children and adolescents of the San Diego County Juvenile Court who need mental health treatment level settings

Service: Screening, case management, case consultation, child abuse investigations, family reunification, institution evaluation, facility contracting, monitoring and investigation

Specialty Populations: Juvenile Court Dependents

Parent Organization: County of San Diego

Child Welfare Services Chief: Barry Fox

Special Education Services (AB 3632)

Special Education Services provide AB 3632 assessment and case management services for special education students who are experiencing a mental health problem that interferes with their educational needs. Referrals for assessment must come through the student's school district. General information about the referral and assessment process can be obtained from the regional offices listed below, which are organized by Special Education Local Planning Area (SELPA).

Administration (619) 758-6227

3320 Kemper Street, Suite 206
San Diego, CA 92110

Hours: M-F 8:00-5:00
Population: Special education students
Service: Administration of AB 3632 assessment and case management
Specialty Populations: N/A
Parent Organization: County of San Diego
Children's Mental Health Services Chief: Frances Edwards

Central (619) 758-6205

3320 Kemper Street #104
San Diego, CA 92110

Hours: M-F 8:00-5:00
Population: Special education students
Service: AB 3632 assessment and case management
Specialty Populations: School aged youth referred through Individualized Education Program (IEP)
Parent Organization: County of San Diego
Children's Mental Health Services Chief: Frances Edwards

North Coastal and Poway (760) 752-4900

340 Rancheros Drive #298
San Marcos, CA 92069

Hours: M-F 8:00-5:00
Population: Special education students
Service: AB 3632 assessment and case management
Specialty Populations: School aged youth referred through Individualized Education Program (IEP)
Parent Organization: County of San Diego
Children's Mental Health Services Chief: Frances Edwards

**South /East/North Inland
(619) 758-6240**

3692 Midway Drive
San Diego, CA 92110

Hours: M-F 8:00-5:00

Population: Special Education Students

Service: AB 3632 assessment and case management

Specialty Populations: School aged youth referred through Individualized Education Program (IEP)

Parent Organization: County of San Diego

Children's Mental Health Services Chief: Frances Edwards

Therapeutic Behavioral Services

Therapeutic Behavioral Services offer specialized short-term one to one behavioral services designed to prevent re-hospitalizations, placements in higher levels of care, and/or assist with transition to lower levels of care. San Diego County staff review and authorize referrals for services. Two Contract agencies, Mental Health Systems, Inc. and New Alternatives, Inc., provide behavioral coaches in the home or in current residential placement. Therapeutic Behavioral Services are provided countywide to eligible Full-Scope Medi-Cal recipients.

Therapeutic Behavioral Services (Mental Health Systems) (858) 380-4669

9445 Farnham Street, Suite 100
San Diego, CA 92123

Hours: M-F 8:00-5:00
Population: Medi-Cal children, adolescents and families
Service: One on one behavioral, in home services, case management. Services provided by referral through County TBS only
Specialty Populations: Transition Age Youth
Parent Organization: Mental Health Systems
County of San Diego Program Monitor: Katie Astor

Therapeutic Behavioral Services (New Alternatives) (619) 615-0701

2535 Kettner Blvd. 1A4
San Diego, CA 92110

Hours: M-F 8:00-5:00
Population: Medi-Cal children, adolescents and families
Service: One on one behavioral, in home services, case management. By referral through County TBS only
Specialty Populations: Transition Age Youth
Parent Organization: New Alternatives
County of San Diego Program Monitor: Katie Astor

Therapeutic Behavioral Services (TBS) (619) 563-2756 Fax (858) 467-9029

3255 Camino del Rio South
San Diego, CA 92108

Hours: M-F 8:00-5:00
Population: Children, adolescents, and young adults (up to age 21). Must be full scope Medi-Cal eligible and meet medical necessity criteria
Service: Specialized short-term one-to-one behavioral coaching designed to teach clients and caregivers the behavioral management skills that will allow the clients to transition to or maintain at the lowest appropriate level of care. Fax referrals to 619-563-2756
Specialty Populations: Transition Age Youth
Parent Organization: County of San Diego
Children's Mental Health Services Chief: Katie Astor

School Listing for Children's Mental Health Services **(School-Based Outpatient programs)**

School services are accessed through the schools. School counselors, teachers, and other school personnel can facilitate a referral.

School District: Alpine Union

Provider: Community Research Foundation-Crossroads Family Center

Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021

Phone: (619) 441-1907

Schools: Alpine Community Day School

School District: Borrego Springs Unified

Provider: Vista Hill-North Inland

Address: 398 D Street, Ramona, CA 92065

Phone: (760) 788-9724

Schools: Borrego Springs Elementary
Borrego Springs Junior High
Borrego Springs High

School District: Cajon Valley Union

Provider: Chaldean-Middle Eastern Social Services

Address: 343 E. Main Street Suite #201, El Cajon, CA 92020

Phone: (619) 631-7400

Schools: Cajon Valley High

Provider: Community Research Foundation-Crossroads Family Center

Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021

Phone: (619) 441-1907

Schools: Cajon Valley Middle
Hillsdale Middle

Provider: New Alternatives-Cajon Valley School Project
Address: 550 E. Park Avenue, #305, El Cajon, CA 92020
Phone: (619) 588-3653

Schools: Anza Elementary
Blossom Valley Elementary
Cajon Valley Middle
Cajon Valley Middle (S.E.)
Community Day
Cuyamaca Elementary
Greenfield Middle
Hillsdale Middle
Jamacha Elementary
Johnson Elementary
Lexington Elementary
Los Coches Creek Middle
Magnolia Elementary
Meridian Elementary
W.D. Hall Elementary

School District: Chula Vista Elementary School District

Provider: Community Research Foundation-Nueva Vista Family Services
Address: 1161 Bay Blvd., Suite B, Chula Vista, CA 91911
Phone: (619) 585-7686

Schools: Daly Academy
Feaster-Edison Elementary

Provider: Prime Health Care. Inc. Advocating, Listening, & Leading Youth ALLY) South
Address: 490 Emory Street, Imperial Beach, CA 91932
Phone: (619) 628-2591

Schools: Allen Elementary
Loma Verde Elementary
Los Altos Elementary
Valley Vista Elementary

Provider: South Bay Community Services-South
Address: 1124 Bay Blvd., Suite D, Chula Vista, CA 91911
Phone: (619) 420-3620

Schools: Castle Park Elementary
Harborside Elementary
Lauderbach Elementary
Loma Verde Elementary
Montgomery Elementary
Otay Elementary
Rice Elementary
Silver Wing Elementary
Vista Square Elementary

School District: Encinitas Union

Provider: Rady Children's Hospital San Diego Outpatient Psychiatry-North County

Address: 3142 Vista Way, Suite 205, Oceanside, CA 92056

Phone: (760) 758-1480

Schools: Ocean Knoll Elementary

Paul Ecke Central Elementary

School District: Escondido Union

Provider: Vista Hill Lincoln Annex-Escondido

Address: 1029 N Broadway, Escondido, CA 92026

Phone: (760) 489-4126

Schools: Bear Valley Middle

Bernardo Elementary

Central Elementary

Conway Elementary

Del Dios Champions (ED)

Del Dios Middle

District Office (students on home school or alternate placement)

Farr Elementary

Felicita Elementary

Glen View Elementary

Hidden Valley Middle

Juniper Elementary

Lincoln Elementary

L. R. Green Elementary

Miller Elementary

Miller One Program (ED)

Mission Middle

Nicolaysen Center "Community Day School"

N. Broadway Elementary

Oak Hill Elementary

Orange Glen Elementary

Pioneer Elementary

Reidy Creek Elementary

Rincon Middle

Rock Springs Elementary

Rose Elementary

School District: Escondido Union High

Provider: Palomar Family Counseling Services-North Inland/North Coastal

Address: 1002 East Grand Avenue, Escondido, CA 92025

Phone: (760) 741-2660

Schools: Escondido High
Orange Glen High
San Pasqual High
Valley High

School District: Fallbrook Union Elementary

Provider: Palomar Family Counseling Services-Fallbrook

Address: 120 West Hawthorne Street, Fallbrook, CA, 92028

Phone: (760) 731-3235

Schools: Fallbrook Street School
Iowa Street School
James E. Potter Jr. High
Live Oak School
La Paloma School
Maie Ellis Elementary
William Frazier Elementary

School District: Fallbrook Union High

Provider: Palomar Family Counseling Services-Fallbrook

Address: 120 West Hawthorne Street, Fallbrook, CA, 92028

Phone: (760) 731-3235

Schools: Fallbrook High
Ivy High

School District: Grossmont Union High

Provider: Community Research Foundation-Crossroads Family Center

Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021

Phone: (619) 441-1907

School: Granite Hills High
Homestead Alternative
Steel Canyon High

School District: Grossmont Union High (Continued)

Provider: San Diego Youth Community Services-East
Address: 1870 Cordell Court #101, El Cajon, CA 92020
Phone: (619) 619-448-9700

Schools: Chaparral High
El Capitan High
El Cajon Valley High
Homestead
Monte Vista High

Provider: Rady Children's Hospital San Diego-East region, school-based Outpatient
Address: 3665 Kearny Villa Road, Suite 165, San Diego, CA 92123
Phone: (858) 966-5832 Extension 3794

Schools: Granite Hills High
Santana High

Provider: San Diego Center for Children East Outpatient
Address: 2741 Lemon Grove Avenue, Suite 104, Lemon Grove, CA 91945
Phone: (619) 465-5006

Schools: Grossmont High
Helix Charter High
Mount Miguel High
Steel Canyon High

School District: Jamul-Dulzura Union

Provider: Community Research Foundation-Crossroads Family Center
Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021
Phone: (619) 441-1907

School: Jamul Intermediate
Jamul Primary
Oak Grove Middle

School District: Julian Union

Provider: Vista Hill North Inland
Address: 398 D Street, Ramona, CA 92065
Phone: (760) 788-9754

Schools: Julian Elementary
Julian Jr. High

School District: Julian Union High

Provider: Vista Hill North Inland
Address: 398 D Street, Ramona, CA 92065
Phone: (760) 788-9754

School: Julian High

School District: Juvenile Court and Community Schools

Provider: Community Research Foundation Mobile Adolescent Service Team
Address: 1202 Morena Blvd., Suite 204, San Diego, CA 92110
Phone: (619) 398-3261

Schools: Arcadia Community
Balboa Park Academy
Bay Blvd. Community
Chula Vista Community
De Oro Community
El Cajon Community
Escondido Community
Independent Study
Iris Community
Lakeside Summit
La Mesa Summit
Lemon Grove Summit
Litt Resources/Old Town
Metro Independent Study
Mira Mesa Summit
Monarch
National City Community
Oceanside Community
Rancho del Oro
San Marcos Tech
South Bay Tech
Sports Academy
Teen Options
Tech Academy
Thurgood Marshall Community
University Community
Victoria Community
Worthington Community

Provider: Family Health Center-Community Circle East
Address: 3845 Spring Drive, Spring Valley, CA 91977
Phone: (619) 515-2380

School: Goodland Acres

School District: Lakeside Union

Provider: San Diego Center for Children East Outpatient
Address: 2741 Lemon Grove Avenue, Suite 104, Lemon Grove, CA 91945
Phone: (619) 465-5006

Schools: East County Academy of Learning
Lakeview Elementary
Lemon Crest Elementary
Lindo Park Elementary
Riverview Elementary
Tierra del Sol Middle

Provider: San Diego Youth Community Services-East
Address: 1870 Cordell Court #101, El Cajon, CA 92020
Phone: (619) 619-448-9700

Schools: Lakeside Middle
Tierra del Sol Middle

School District: La Mesa-Spring Valley

Provider: Family Health Center-Community Circle East
Address: 3845 Spring Drive, Spring Valley, CA 91977
Phone: (619) 515-2380

Schools: Avondale Elementary
Bancroft Elementary
Casa de Oro Elementary
Kempton Street Elementary
La Presa Elementary
La Presa Middle
Rancho Elementary
Spring Valley Middle

Provider: San Diego Center for Children East Outpatient
Address: 7339 El Cajon Blvd., Suite K, La Mesa, CA 91941
Phone: (619) 668-6200

Schools: Fletcher Hills Elementary
La Mesa Dale Elementary
La Mesa Middle
Lemon Ave Elementary
Maryland Avenue Elementary
Murdock (Glenn E.) Elementary
Parkway Middle
Rolando Elementary

School District: Lemon Grove

Provider: San Diego Center for Children-East Outpatient
Address: 2741 Lemon Grove Avenue, Suite 104, Lemon Grove, CA 91945
Phone: (619) 465-5006

Schools: Golden Avenue Elementary
Lemon Grove Middle
Monterey Heights Elementary
Mount Vernon Elementary
Palm Middle
San Altos Elementary
San Miguel Elementary
Vista Elementary

School District: Mountain Empire Unified

Provider: Community Research Foundation-Crossroads
Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021
Phone: (619) 441-1907

Schools: Campo Elementary
Clover Flat Elementary
Cottonwood Community Day
Descanso Elementary
Jacumba Elementary
Mountain Empire High
Mountain Empire Middle
Pine Valley Charter
Pine Valley Elementary
Potrero Elementary
Redhawk Academy

School District: National

Provider: Community Research Foundation-Nueva Vista Family Services
Address: 1161 Bay Blvd., Suite B, Chula Vista, CA 91911
Phone: (619) 585-7686

Schools: Central Elementary
El Toyon Elementary
Ira Harbinson Elementary
John Otis Elementary
Kimball Elementary
Lincoln Acres Elementary
Olivewood Elementary
Las Palmas Elementary
Palmer Way Elementary

School District: Oceanside Unified

Provider: North County Lifeline, Inc. Community Assessment Team

Address: 707 Oceanside Blvd., Oceanside, CA 92054

Phone: (760) 757-0118

Schools: Cesar Chavez Middle
Christa McAuliffe Elementary
Ivey Ranch Elementary
Jefferson Middle
Reynolds Elementary

Provider: Palomar Family Counseling Services North Coastal/North Inland

Address: 1002 East Grand Avenue, Escondido, CA 92025

Phone: (760) 741-2660

Schools: Laurel Elementary
Mission Elementary
Oceanside High School
Palmquist Elementary
South Oceanside Elementary

Provider: Rady Children's Hospital San Diego Outpatient Psychiatry North Coastal

Address: 3142 Vista Way, Suite 205, Oceanside, CA 92056

Phone: (760) 758-1480

Schools: Del Rio Elementary
Foussat Elementary
Garrison Elementary
Libby Elementary
Martin Luther King Middle
Reynolds Elementary
San Luis Rey Elementary

Provider: Union of Pan Asian Communities (UPAC) North

Address: 1031 25th St., Suite C, San Diego, CA 92102

Phone: (619) 232-6454

Schools: El Camino High
Lincoln Middle
South Oceanside Elementary

School District: Poway Unified

Provider: Rady Children's Hospital San Diego Outpatient Psychiatry North Inland
Address: 625 W Citracado Parkway, Suite 102, Escondido, CA 92025
Phone: (858) 487-9050

Schools: Meadowbrook Middle
Mt. Carmel High
Poway High

School District: Ramona Unified

Provider: Vista Hill North Inland
Address: 398 D Street, Ramona, CA 92065
Phone: (760) 788-9754

Schools: Barnett Elementary
Hanson Elementary
James Duke Elementary
Montecito High
Mt. Woodson Elementary
Olive Pierce Middle
Ramona Community
Ramona Elementary
Ramona High

School District: San Diego Unified

Provider: Community Research Foundation-Douglas Young
Address: 7907 Ostrow Street, Suite F, San Diego, CA 92111
Phone: (858) 300-8282

Schools: Carver Elementary
Cherokee Point Elementary
Clairemont High
Crawford High
Ibarra Elementary
Lindbergh/Schwitzer Elementary
Mann Middle
Marshall Elementary
Marston Middle
Mira Mesa High
Walker Elementary
Wangenheim Middle

School District: San Diego Unified (Continued)

Provider: Logan Heights Family Counseling Center-
Address: 2204 National Avenue, San Diego, CA 92113
Phone: (619) 515-2355

Schools: Baker Elementary
Balboa Elementary
Burbank Elementary
Cesar Chavez Elementary
Emerson Bandini-Elementary
Florence Elementary
Laura Rodriguez Elementary
Logan Elementary
Memorial Preparatory
Normal Heights Elementary

Provider: Mental Health Systems-Central School-Based Program
Address: 4660 Viewridge Avenue, San Diego, CA 92123
Phone: (858) 278-3292

Schools: Audubon Elementary
Carson Elementary
Farb Middle
Kearny High
Linda Vista Elementary
Mission Bay High
Montgomery Middle
Pacific Beach Middle
Serra High
Taft Middle
Twain High

Provider: Prime Health Care. Inc. Advocating, Listening, & Leading Youth ALLY) South
Address: 490 Emory Street, Imperial Beach, CA 91932
Phone: (619) 628-2591

Schools: Paradise Hills Elementary
Penn Elementary (services coming soon to this school)
Zamorano Elementary

Provider: Rady Children's Hospital San Diego-Central Region, School-based Outpatient
Address: 3665 Kearny Villa Road, Suite 165, San Diego, CA 92123
Phone: (858) 966-5832 Extension 3794

Schools: Bell Jr. High
Hoover High
Morse High
Wilson Middle

School District: San Diego Unified (Continued)

Provider: Providence

Address: 4660 El Cajon Blvd., Suite 210, San Diego, CA 92115

Phone: (619) 640-3266

Schools: Euclid Elementary
Franklin Elementary
Garfield Elementary
Hamilton Elementary
Joyner Elementary
Millenium Tech
Monroe Clark Middle
Oak Park Elementary
Rosa Parks Elementary

Provider: Rady Children's Hospital San Diego-Central Region, School-based Outpatient

Address: 3665 Kearny Villa Road, Suite 165, San Diego, CA 92123

Phone: (858) 966-5832 Extension 3794

Schools: Bell Jr. High
Hoover High
Morse High
Wilson Middle

Provider: San Diego Unified School District-Early Childhood Mental Health-Incredible Years

Address: 2351 Cardinal Lane, Annex B, San Diego, CA 92123

Phone: (858) 573-2227

Schools: Adams Elementary
Alcott Elementary
Balboa Elementary
Burbank Elementary
Emerson-Bandini Elementary
Euclid Elementary
Fay Elementary
Kimbrough Elementary
Logan Elementary
Sherman Elementary

Provider: San Diego Unified School District Intensive Outpatient Program

Address: 2351 Cardinal Lane, Annex B, San Diego, CA 92123

Phone: (858) 627-7596

Schools: Crawford High
Lincoln High

School District: San Diego Unified (Continued)

Provider: San Diego Unified School District-Mental Health Resource Center

Address: 2351 Cardinal Lane, Annex B, San Diego, CA 92123

Phone: (858) 573-2228

Schools: ALBA Middle

ALBA High

Marcy Day Rehab

New Dawn Day Rehab

Provider: San Diego Unified School District-Riley School Program-Central School-Based
Outpatient

Address: 5650 Mount Ackerly Drive, San Diego, CA 92111

Phone: (858) 496-8205

Schools: Riley

Provider: Social Advocates for Youth (SAY)

Address: 4275 El Cajon Blvd., Suite 101, San Diego, CA 92105

Phone: (619) 283-9624

Schools: Central Elementary

Horton Elementary

O'Farrell Community

Provider: Union of Pan Asian Communities

Address: 1031 25th Street, San Diego, CA 92102

Phone: (619) 232-6454

Schools: Chollas/Mead Elementary

Edison Elementary

Fulton Elementary

Gompers Charter Middle

Hoover High

Knox Elementary

Lincoln High

Nye Elementary

Porter Elementary

Valencia Park Elementary

Webster Academy

School District: San Diego Unified (Continued)

Provider: YMCA-Therapeutic Interventions Designed to Empower Students (TIDES)

Address: 4080 Center Street, Suite 102, San Diego, CA 92103

Phone: (619) 543-9850

Schools: Birney Elementary
Clay Elementary
Kimbrough Elementary
Perkins Elementary
Roosevelt Middle
San Diego High
Sherman Elementary
Washington Elementary

School District: San Dieguito Union High

Provider: Rady Children's Hospital San Diego North Coastal

Address: 3142 Vista Way, Suite 205, Oceanside, CA 92056

Phone: (760) 758-1480

School: La Costa Canyon High

School District: San Marcos Unified

Provider: Rady Children's Hospital San Diego Outpatient Psychiatry North Coastal

Address: 3142 Vista Way, Suite 205, Oceanside, CA 92056

Phone: (760) 758-1480

Schools: Alvin Dunn Elementary
San Marcos Elementary
Twin Oaks Elementary
Woodland Park Middle

School District: San Pasqual Union

Provider: Vista Hill North Inland

Address: 398 D Street, Ramona, CA 92065

Phone: (760) 788-9724

School: San Pasqual Union

School District: Santee

Provider: Rady Children's Hospital San Diego Outpatient Psychiatry-East Region,
School-Based Outpatient

Address: 3665 Kearny Villa Road, Suite 165, San Diego, CA 92123

Phone: (858) 966-5832 Extension 3794

Schools: Hill Creek Elementary
Pepper Drive Elementary
Prospect Avenue Elementary
Rio Seco Elementary
Sycamore Canyon Elementary

Provider: San Diego Youth Community Services-East

Address: 1870 Cordell Court #101, El Cajon, CA 92020

Phone: (619) 448-9700

Schools: Cajon Park Elementary
Carlton Hills Elementary
Chett Harritt Elementary
Carlton Oaks Elementary
Opportunity-Success Program

School District: San Ysidro

Provider: Rady Children's Hospital San Diego Outpatient Psychiatry-South Region,
School-based Outpatient

Address: 3665 Kearny Villa Road, Suite 165, San Diego, CA 92123

Phone: (858) 966-5832 Extension 3794

Schools: Sunset Elementary

Provider: San Ysidro Health Center-Youth Enhancement Services (YES)

Address: 3025 Beyer Blvd., Suite E101, San Diego, CA 92154

Phone: (619) 428-5533

Schools: Beyer Elementary
La Mirada Elementary
San Ysidro Middle
Smythe Elementary
Willow Elementary

School District: South Bay Union

Provider: Prime Health Care. Inc. Advocating, Listening, & Leading Youth ALLY) South

Address: 490 Emory Street, Imperial Beach, CA 91932

Phone: (619) 628-2591

Schools: Bayside Elementary
Berry Elementary
Central Elementary
Emory Elementary
Howard Pence Elementary
Imperial Beach Elementary
Mendoza Elementary
Nicoloff Elementary
Oeonta Elementary
Sunnyslope Elementary
Westview Elementary

School District: Spencer Valley

Provider: Vista Hill North Inland

Address: 398 D Street, Ramona, CA 92065

Phone: (760) 788-9724

School: Spencer Valley Elementary

School District: Sweetwater Union High

Provider: Community Research Foundation-Nueva Vista Family Services

Address: 1161 Bay Blvd., Suite B, Chula Vista, CA 91911

Phone: (619) 585-7686

Schools: Castle Park Middle
Chula Vista High
Chula Vista Middle
Granger Junior High
National City Middle
SAILS

School District: Sweetwater Union High (Continued)

Provider: Prime Health Care. Inc. Advocating, Listening, & Leading Youth (ALLY) South

Address: 490 Emory Street, Imperial Beach, CA 91932

Phone: (619) 628-2591

Schools: Bonita Middle
Castle Park High
Chula Vista High
Chula Vista Middle
East Hill Academy Olympian High
Mar Vista Middle
Palomar High
Southwest High
Southwest Middle
Sweetwater High

Provider: San Ysidro Health Center Youth Enhancement Services (YES)

Address: 3025 Beyer Blvd., Suite E101, San Diego, CA 92154

Phone: (619) 428-5533

Schools: Mar Vista High
Mar Vista Middle
Montgomery High
Montgomery Middle
San Ysidro High
Southwest High
Southwest Middle

Provider: South Bay Community Services South

Address: 1124 Bay Blvd., Suite D, Chula Vista, CA 91911

Phone: (619) 420-3620

Schools: Castle Park High
Castle Park Middle
Chula Vista High
Chula Vista Middle
Granger Junior
Mar Vista High
Mar Vista Middle
Montgomery High
Montgomery Middle
National City Middle
Palomar High
Southwest High
Southwest Middle
Sweetwater High

School District: Valley Center-Pauma Union

Provider: Palomar Family Counseling Services North Inland/North Coastal

Address: 1002 East Grand Ave, Escondido, CA 92025

Phone: (760) 741-2660

Schools: Lilac

Oak Glen High

Pauma Elementary

Valley Center Elementary

Valley Center Middle

Valley Center Primary

Valley Center High School

School District: Vista Unified

Provider: North County Lifeline

Address: 200 Michigan Avenue, Vista, CA 92084

Phone: (760) 726-4900

Schools: Casitas Elementary

Foothill Oaks Elementary

Grapevine Elementary

Guajome Park Academy

Olive Elementary

VAPA

Vista High School

Washington Middle School

Provider: Palomar Family Counseling Service, Inc. North Inland/North Coastal

Address: 1002 East Grand Avenue, Escondido, CA 92025

Phone: (760) 741-2660

Schools: Alta Vista High

Beaumont Elementary

Bobier Elementary

Breeze Hill Elementary

Crestview Elementary

Foothill Oak Elementary

Hannalei Elementary

Maryland Elementary

Monte Vista Elementary

Rancho Minerva Middle

Vista Academy of Performing Arts

Vista Magnet Middle

School District: Vista Unified (Continued)

Provider: Rady Children's Hospital San Diego Outpatient Psychiatry North County

Address: 3142 Vista Way, Suite 205, Oceanside, CA 92056

Phone: (760) 758-1480

Schools: Bobier Elementary
Foothill Oak Elementary
Rancho Buena Vista High

Provider: Union of Pan Asian Communities (UPAC) North Coastal

Address: 1031 25th Street, San Diego, CA 92102

Phone: (619) 232-6454

Schools: Beaumont Elementary
Temple Height Elementary

School District: Warner Unified

Provider: Vista Hill North Inland

Address: 398 D Street, Ramona, CA 92065

Phone: (760) 788-9724

Schools: Warner Springs Elementary
Warner Springs High
Warner Springs Middle

Community Information

ACCESS Customer Service Center

(866) 262-9881

Extension of the County of San Diego Family Resource Centers (FRCs). ACCESS serves residents, providers, and/or government agencies with questions or needs related to Family Resource Center programs and services, including providing case management services for existing FRC customers

Access and Crisis Line

(800) 479-3339

Child Abuse Hotline

(800) 344-6000

Toll free within the State of California

Info-Line

211

Information and referral for all Social Services in San Diego County

Outlying

(800) 227-0997

Office of the Primary Public Defender- Juvenile Delinquency

(858) 974-5757

County run law offices of the Public Defender

Polinsky Children's Center

(858) 514-4600

County run shelter for children in need of protective services

San Diego Network of Care for Behavioral Health

<http://www.sandiego.networkofcare.org/mh>

Social Security Administration

(800) 772-1213

Main information number to access Social Security benefits and information

Support Groups/Self-Help

Alcoholics Anonymous

Central **(619) 265-8762**

North County **(760) 758-2514**

Children and Adults with Attention Deficit Disorder (CHADD)

San Diego Chapter **(760) 736-1111**

National Resource Center **(800) 233-4050**

Mental Health America

Information on mental health, advocacy, and self-help groups

(619) 543-0412

Narcotics Anonymous

(619) 584-1007

Spanish speaking line **(619) 546-0774**

(800) 479-0062

NAMI San Diego Helpline

(National Alliance on Mental Illness)

Education, Support and Resource Information for family members, consumers, and people affected by mental illnesses

(619) 543-1434

(800) 523-5933

San Diego County Al-Anon Information Office

(619) 296-2666

If you are calling from North County or East of Alpine:

(800) 690-2666

Mental Health Websites

1. 211 Inform San Diego
<http://www.informsandiego.com>
2. American Academy of Pediatrics
<http://www.aap.org/>
3. American Institutes for Research
<http://www.air.org>
4. ARC of San Diego
<http://www.arc-sd.com>
5. Bi-Polar Kids
<http://www.bpkids.org>
6. Center for School Mental Health
<http://csmh.umaryland.edu/>
7. Department of Managed Health Care
<http://www.dmh.ca.gov>
8. Health and Human Services of San Diego County
<http://www.sdcountry.ca.gov>
9. Healthy Families
<http://www.healthyfamilies.ca.gov>
10. International Bipolar Foundation
<http://www.internationalbipolarfoundation.org>
11. National Alliance on Mental Illness
<http://www.nami.org>
12. National Federation of Families for Children's Mental Health
<http://www.ffcmh.org>
13. Office of Patient Advocate of California
<http://www.opa.ca.gov/>
14. Rady Children's Hospital San Diego
<http://www.chsd.org>
15. San Diego Center for Children
<http://www.centerforchildren.org>
16. San Diego Network of Care for Behavioral Health
<http://sandiego.networkofcare.org/mh/home/>
17. State of California
<http://www.ca.gov/>
18. UCLA School Mental Health Project
<http://www.smhp.psych.ucla.edu>

CMHS Provider Resource Manual Edits/Updates

NAME OF ORGANIZATION/AGENCY: _____

ADDRESS: _____

PHONE NUMBER: _____

HOURS OF OPERATION: _____

ELIGIBILITY/POPULATION: _____

SERVICES: _____

CULTURAL/LINGUISTIC SERVICES: _____

SPECIALTY POPULATIONS: _____

PARENT ORGANIZATION: _____

CONTACT/TITLE: _____

OTHER: _____

If you have any revisions, edits, and or comments, please complete this form and send to Edith Mohler:

Children's Mental Health Services
Administration
P.O. Box 85524 – MS: P-531C
San Diego, CA 92186-5524

619-563-2746 / Fax: 619-563-2775

Or e-mail: edith.mohler@sdcounty.ca.gov